

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

Construction to start soon on rail trail segments

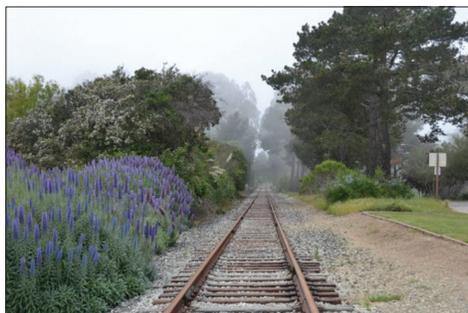
The long-anticipated groundbreaking for **Phase 1 of Segment 7** of the Westside Rail Trail takes place at 1 p.m. Saturday, Jan. 25 along the rail corridor by the Santa Cruz Mt. Brewing Company, 402 Ingalls St. Food and beverages, live string band music and valet bike parking will be provided. Co-sponsors of the event are Ecology Action, Bike Santa Cruz County and the Land Trust of Santa Cruz County. Granite Construction will build the 1.3 mile trail which will go from Natural Bridges to the intersection of Bay and California streets.

Also out for bid is **Segment 18** of the Rail Trail in Watsonville. **Phase 1** will extend from Ohlone Parkway 1,600 feet east to the Watsonville Slough Trailhead. Construction is expected to begin in March or April, according to Murray Fontes, chief engineer for Watsonville.

The second phase of this segment to Walker Street in Watsonville will begin in 2021/2022.

Davenport Segment in 2021

For SCCC bicyclists who enjoy riding to Davenport, 7.5 miles of **Segment 5** is funded and scheduled to begin construction in August, 2021. The **Phase 1** section (5.4 miles) will go from Wilder Ranch to Yellow Panther



Construction begins in January on Phase 1 of Segment 7 of the rail trail. Segment 8 in Watsonville is out to bid and Segment 5 (Davenport) will be built in 2021.

Beach, while **Phase 2** spans 2.1 miles from Panther Yellowbank Beach to Davenport. Phase 2 includes improved parking lots and connections to the trail at those two locations, improved access to the trail from Bonny Doon Beach Parking Lot and a pedestrian crosswalk in Davenport.

12-foot wide Path with Shoulders

In some sections of **Segment 5**, the trail will be elevated from the rail cut in the hillside. It will be 12' of paved path with 2' shoulders and a fire road adjacent to the path shoulders.

Funding for this segment comes from Federal Lands Access Program, the California Coastal Conservancy, Measure D funds and the Land Trust of Santa Cruz County. Other funds may come from the California Natural Resources Agency. —Grace Voss



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Emilie's New Year's Day ride features a post-ride Brunch

Emilie Holder will host a New Year's Day Brunch and Bike Ride for SCCC members at her home on Wednesday, January 1st. Two bike rides, a 15-miler and a 30-miler, will start at 10 a.m. from Emilie's house at 140 Corona Court. Please bring your own place settings (silverware and plates) to reduce waste.

The event begins at 9 a.m. with coffee and muffins, and brunch will take place after the bike rides. Parking is ample but car pooling is still advised.

Rain does not cancel the event and non-riders are welcome to enjoy a warm, comfortable space in front of a fire in the fireplace.

Please RSVP to Emilie at 831-206-3846, so she knows how many muffins to make!



Left photo, Saturday's A riders carry their bikes across rough terrain.

Right photo, C riders stop in San Gregorio on their way to Pescadero on a sunny Saturday.

SCCCC MEETING
THURSDAY, JANUARY 23RD
SIMPKINS SWIM CENTER
979 17TH AVENUE

Club shorts: New Year brings biking resolutions

New Year's Resolutions. Got one? The following bicyclists do!

Ken Roberts says 2019 has been his best year on a bicycle by far, which blows him away, considering he had hip replacement surgery last February! Ken says he is at 6,000 miles including 10 centuries. He plans to exceed those totals this year and he is "grateful to the lovely people in SCCCC for a large part of that."

Stella Sexmith says she will be very happy if she rides 1,000 miles, ecstatic if she rides more. Stella says her goal should be much easier with her new, lighter road bike, and she plans to do more club rides.

Richard Burton says he is "shooting for 10,000 miles on the bike this year, including at least five double century rides. He has completed 30 double centuries and is trying to get to 50 in the next few years.

And finally, the intrepid **Chris Zemny** plans to ride 4,500 miles this year, hoping that rain won't dampen this goal!

Education Director **Albert Saporta** has designed and distributed to local bike shops a comprehensive list of SCCCC activities and classes. The handout is aimed at new bike owners who may want the support of a group when taking to the roads. Thank you Albert for spreading the word on SCCCC's programs!

Fort Ord OK's e-Bikes!

The Bureau of Land Management (BLM) recently announced it will be removing the "NO E-BIKE" signs around Fort Ord National Monument and installing new signs to encourage better harmony at Fort Ord between bicyclists, pedestrians and equestrians using the world-class trails.

Kathy Ferraro announces two film fests coming soon! A Women's Adventure Film Tour returns for the second year to the Rio Theater on Jan. 25. This short film festival is a celebration of the inspiring women who are doing extraordinary things in the name of adventure. This year's lineup features cliff diver Rhiannan Iffland, climber Kira Brazinski, long distance hiker Jennifer Pharr-Davis as well as women in snow sports, mountaineering and mountain biking. Tickets available at <https://www.brownpapertickets.com/event/4429515>.

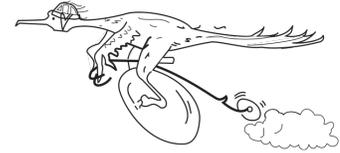
The Banff Centre Mountain Film Festival World Tour comes to the Rio Theater at 7 p.m., Feb. 20-23 (4 shows, 2 programs). Get your tickets today at The Bicycle Trip or <https://banffsc2020.brownpapertickets.com>. The tour benefits UCSC's Recreation Wilderness Orientation Scholarship Fund.

SCMC Director Skippy Givens is looking for a few good captains! "The 2019 Santa Cruz Mountains Challenge was the most successful in the rich history of the event," he says. "However, as is the nature with these things there has been turnover in the ranks.

"Please consider stepping forward to captain one of the following positions. This is the singular best way for you to support the club. We need to fill the following captain positions:

Recycling, Zayante Rest Stop, Marketing (email, communications), Parking and Merchandise

"This event is the club's main fundraiser, and the \$18,000 profit from last year supports the club's social programs. If you have any questions or are interested, please email me at century@santacruzcycling.org. Thank you." —*Skippy Givens, Director*



THE ROADRUNNER is the official newsletter of THE SANTA CRUZ COUNTY CYCLING CLUB. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or www.santacruzcycling.org

THE SANTA CRUZ COUNTY CYCLING CLUB is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club's mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club's educational activities.

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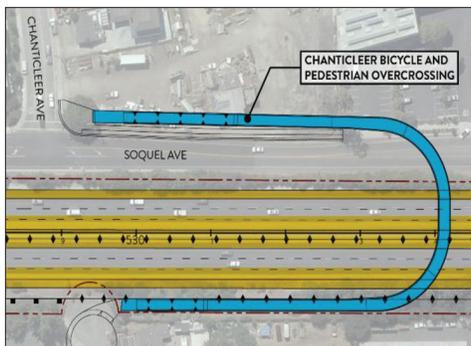


Riders enjoy the start of a Saturday ride from West Marine in Watsonville on Nov. 9th

RTC's Bicycle Advisory Committee impacts bike projects

The current design of the Chanticleer Bike/Ped Overcrossing, with entrances on both sides of Highway 1 at Chanticleer Avenue, is an elongated U shape, whereby bicyclists may ride the entire distance over the freeway without dismounting from their bikes. The elevation gain is ADA compliant thanks to long approaches parallel to both sides of the highway leading to the highway crossing before ending in traffic circles at the bottom of each descent to discourage high speed bicyclists from racing down to the exits.

This is not the original design for the overcrossing, which started out as a straight-ahead design, requiring bicyclists to walk their bikes straight across the freeway due to the steep angle of ascent and descent. The RTC's Bicycle Advisory Committee strongly voiced its disapproval of the project, sending it back to the drawing board and resulting in today's



The design for the Chanticleer Bicycle/Pedestrian Overcrossing has evolved into a more bicycle friendly structure.

“bike friendly design.”

The project is being funded by Measure D and State Transportation Improvement Program (STIP) funds. It is the answer to the bike community's desire over the past eight years for a safe crossing of Highway 1 near congested Soquel Avenue/Soquel Drive. According to local historian and advocate Rick Hyman, bicyclists had complained for years about a new highway crossing so they could ride their bikes

across Morrissey Avenue into the Prospect Heights area. Caltrans nixed that project, but once Highway 1 was widened from The Fishhook to Morrissey, bicyclists made their wishes known at a series of public meetings.

Caltrans Choices

Caltrans studied the situation, eventually revealing possible overcrossings at Trevathan, Chanticleer and Mar Vista. When the bike committee selected Chanticleer, Caltrans worked the new overcrossing into its auxiliary lanes project.

The result is a tangible project which is construction ready. The RTC is applying for funding from Solutions for Congested Corridors Program (SCCP), Active Transportation Program (ATP) and Local Partnership Competitive Program (LPP-c) to construct the project.

Bicyclists now have new hopes to cross Highway 1 safely on the Chanticleer Bike/Ped Overcrossing by 2021!

—Glide A. Long

Bike Santa Cruz County recognizes advocates with its 'Wheelies'

Veterans Hall on Pacific Avenue was transformed into a holiday night-club for the annual Bike Santa Cruz County Awards Dinner on Dec. 8th. Executive Director Gina Cole, Membership Chairperson Eric Guerrieri and Tawn Kennedy took turns presenting “Wheelie” Awards in four categories: Bicycle Advocacy, Bicycle Community Building, Bicycle Education and Bicycle Service. About 140 bicycle advocates attended the occasion, which grows in attendance each year.

Phil Boutelle, a six-year-member of the City of Santa Cruz Planning Commission, received the “Wheelie” for Bicycle Advocacy. Other nominees were transportation planner **Maria Esther Rodriguez** and **Jessica Evans** of Friends of the Rail Trail.

Boutelle said he is “Just a dad who rides bikes and wants his kids to bike safely around the neighborhood.”

Matt Miller, who directs the Bike to Work program for Ecology Action, won the Bicycle Community Building



2019 “Wheelie” award winners are, left to right: Phil Boutelle (Advocacy), Matt Miller (Community Building), Lorenzo Holquin (Education) and Phil Rockey Exemplary Service. About 140 people attended the annual event sponsored by Bike Santa Cruz County. Executive director Gina Cole was mistress of ceremonies for the evening.

Award. Other nominees were **Emma Ussat** and **Francisco Estrada**. Miller said he was delighted to be “The current torch bearer for Bike to Work.”

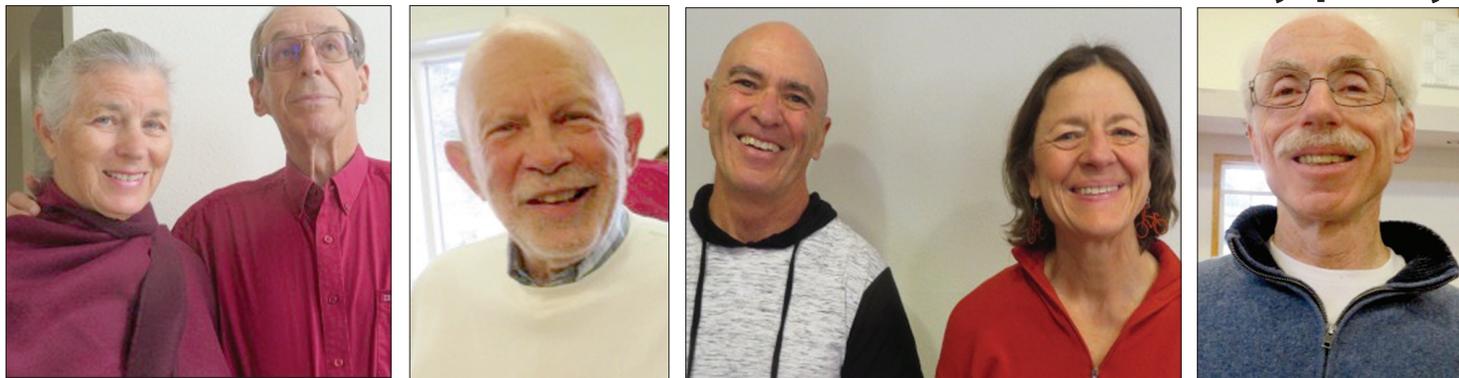
Winner of the Bike Education award was **Lorenzo Holquin**, who teaches five sections of the Bike Tech class to students at Pajaro Valley High School. Holquin also assists with the Watsonville Bike Shack, which he calls a life changer at helping young people connect with bicycles. Also nominated in this category were **Andrea Copp** of

Juveno Santos and **Kimberly Lacross** of Trips for Kids.

Phil Rockey, a volunteer for both Bike Smart and Open Streets, won the “Wheelie” for Bicycle Service. Also nominated in this category were **Miguel Pe'na**, who has assisted with the UCSC Bike Co-Op and the Bike Church, and SCCCC member **Greg Braithwaite**, who volunteers for Open Streets, bike valet assignments and coordinates the Santa Cruz Chapter of Ride of Silence.

—Glide A. Long

Lots of food and friends at SCCCC's annual holiday party



Left to right: Jackie and Tony Rall, Bart Coddington, Mike Andalora and Heidi Fraser; Howard Unkeles



Left to right: John and Barbara Moore, Joyce Rollins and Joanne Moy, Jim Denton and Roger Kern Deb, Anderson and Debbie Teixeira



Left to right: Alan Eklof and Tina Ensign, John and Barb Meyers, Chris Pearson and Shahe Moutafian and Bruce Dau



Top row, left to right: Frances and Julie Kuo, David Reetz and Regina Falkner, Joan-E Rizzutto and Joe Kelly, Toby and Jane Fergusosn



Photos at left, left to right: Natalie, Carolina and Marcos Mendes, Dale Carey, Beth and Peter Bostwick



Thank you club board members Ferrens, Byl, Magnin + Heckel



Left to right: social chairs Suzan Ferrens, with husband Gary, Jennifer Byl and other board members Isabelle Magnin and Mike Heckel were instrumental in the party's success. Mike showed his award-winning slide show of SCCC riders in action!

Larry and Violet Puret are longtime members of SCCC



Photos left to right: Ron Cook, Judy Marsalis, Lilly Ann Popken and Stella Sexmith; Kathy Franks and Tom Mattinson; Steve Williams and Lisa Beaudreau; Pete Myers



Left to right: Sharon Credio, Scott Sweeney, Grace Voss and Pat Lawson, Curt Simmons, Claire Northall, Helga Wiench and Frank Ma



Left to right: Laura and Rich Larson, Dan Thurn and Richard Roullard, Muriel Rose and Michael Hudick, Rick Shypit and Chris Boman



Left to right: Maura Noel and Peter Jones, Leonard and Jan Foreman, Penelope Burton and Patrick Kretsch, Greg Herken and Aven Switzer

Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. B Rides are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; A Rides are for experienced riders looking for a challenge. These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

Tuesday ride: Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available. On the 2nd and 4th Tuesdays, meet at parking lot of Rancho del Mar Shopping Center, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: Larry Tierney at ltierney2854@gmail.com. "Lite" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride. C/D rides on Mondays and Thursdays are listed on club calendar at www.santacruzcycling.org.

Saturday, January 4th A/B Ride
 Pescadero to Half Moon Bay for Lunch
 9 a.m. start in Pescadero by stop light; lunch at San Benito Hotel; A ride=56.6 mi/5,208'; B ride=43.5 mi/4388'
 Grace Voss.....831-247-8877

Saturday, January 4th C Ride
 Memorial Ride for Tina Armer
 10 a.m. start/ Pezzini's; Monterey to Lovers' Point; 36 mi/990'
 Bill McBride.....831.239.6081

Saturday, January 11th A/B Ride
 Eureka Canyon to Summit
 9 a.m. start, Capitola Community Center; A/B=50.1 mi/3,907'
 Paul McDonald.....831-419-7388

Saturday, January 11thC Ride
 Chesboro and Coyote Creek Trail
 10 a.m. start/Depot Street near Railroad Park; 31.4 mi/1,009'
 David and Jeanni Kadotani.....831.588.3561

Saturday January 18th A/B Ride
 Mt. Charlie, Summit, Old San Jose Loop
 9 a.m. start, Capitola Community Center; route details TBD
 Shahe Moutafian.....831-251-1663

Saturday, January 18th C Ride
 West Marine to Green Valley
 10 a.m. start from West Marine; 34mi/989'
 Petronella van Dam.....831.454.6010

Saturday January 25th A/B Ride
 Monterey Peninsula Pedal
 9 a.m. start, Sand City Starbucks; A=61.1 mi/4,885'; B=42.1 mi/3,195'
 Brett Hennie.....513-746-1632

Saturday, January 25th C Ride
 Scotts Valley via East Cliff, Glen Canyon
 10 a.m. start from Capitola Community Center; 23 mi/1187'
 Paula Bradley.....831.345.5482

Saturday February 1st A/B Ride
 Enjoy a Local Toodle
 9:30 a.m. start at Capitola Community Center; A=55 mi/5,000'; B=35 mi/2,800'
 Isabelle Magnin.....831-325-2712

Saturday, February 1st C Ride
 Monterey via Fort Ord
 10 a.m. start from Walmart Parking Lot; 31mi/1605'
 Leonard Foreman.....831.239.0938

Saturday February 8th A/B Ride
 CCE Annual Ride
 Start time, location and route details TBD

Saturday, February 8th C Ride
 CCE Annual Ride;
 Start time, location and route details TBD
 Marilyn Marzell.....831.345.0567

Saturday February 15th A/B Ride
 Empire Grade to Lockheed Gate
 9 a.m. start, Gateway Plaza; Route details TBD
 Shahe Moutafian.....831-251-1663

Saturday, February 15th C Ride
 Coyote Creek via Oak Glen
 10 a.m. start Maleguerra Dr. Ranger Station; 25.5 mi/890'
 Jack Johnson.....831.359.2501



Shahe Moutafian signs up A riders before their Tuesday ride on Dec. 10th; center photo, Arden Norrell and Leo Mall at Leo's 90th birthday celebration on Dec. 15. Right photo, C riders in Monterey on Nov. 16th.

Saturday February 22nd **A/B Ride**
Aptos-Aromas-San Juan Bautista
 9 a.m. start, Rancho Del Mar; A=65.6 mi/3,066'; B=50 mi/2,676'
 Chris Pearson.....831-239-8517

Saturday February 29th **A/B Ride**
Mountain Summit Spectacular
 9 a.m. start, Boulder Creek; A=43.5 mi/6,013'; B+=33.7 mi/3,232'; B=25.3 mi/2,276'
 Dan Hughes.....925-640-5797

Saturday, February 22nd **C Ride**
Aptos/Seascape/Larkin Valley
 10 a.m. Start from Seascape Boulevard; 26.7 mi/1268'
 RicEiserling.....831.475.5397

Saturday, February 29th **C Ride**
Scotts Valley via Glen Canyon, Bean Creek
 10 a.m. Start from Gateway Plaza; 25.2 mi/1664'

Bike safety with Pete Pearson: Tales of near misses and how to avoid them!

Let's talk about near misses. On a recent ride my friends and I experienced three close calls, and two occurred at drive-ways to patisseries. Four people advanced through the intersection at Bay and Capitola in front of Gayle's Bakery. We crossed slowly, and two people made it through. A car was alongside me as I crossed, and the driver would have to be blind to avoid seeing me on her side. However, she began a right turn into Gayle's with me next to her back fender. Fortunately, she braked on her turn midway



through, as did I, and a collision was avoided.

Another time we were passing the Farm Bakery on Soquel and a car passed Jack Johnson and me, then made a right turn into the driveway in front of us. I was close enough to tap the rear bumper after I braked hard. The driver continued, with no apologies. (Maybe there was a rush on fruit tarts!)

The lesson here is always be prepared to take emergency evasive action or brake when you are approaching a driveway with nearby traffic. Lilly Ann Popken had an incident on this same ride. A driver was backing out of a church parking lot on Soquel and did not see her approaching. Due to her quick thinking, she was able to go wide and avoid the snafu.

Our practice of safe defensive biking techniques can save our lives. But some people are not so fortunate. A friend's dad was hit near San Andreas Drive last week, suffering a fractured hip, collarbone and minor concussion. He remembers few details, when his partner riding behind called out "I think this is our turn coming up." My friend looked over his left shoulder and wham!

What saved him was a helmet equipped with MIPS technology that he often complained about as being too expensive.

Bicycle deaths, especially in Santa Cruz, are at an all time high due to increased ridership and the lack of helmet laws for adults. In 2018, 857 people died in bicycle-related crashes according to the National Transportation Safety Board. Wearing a helmet decreases the likelihood of head injuries by 48%.
 —Pete Pearson

Thank you 2019 ride coordinators

SCCCC's Rides Chairperson **Chris Boman** sends out his thanks to the Tuesday A/B and Lite Ride Coordinators (**Larry Tierney** for A/B rides and **Marianne Benforado** for lite rides) and their Saturday counterparts (**John Armstrong** for A/B rides and **Joe Kelly** for C rides. "These volunteers have put in a lot of time and effort to make our rides run as smoothly as possible," says Chris.

Chris also reports that, starting this month, **Richard Roullard** will coordinate the Tuesday A/B rides and **John Armstrong** will continue as the Saturday A/B ride coordinator. **Bill McBride** will be taking over responsibilities for the Saturday C rides.

Chris says he would be remiss if he did not give "a big thank you to **Chris Zemny**. Chris coordinates the Monday and Thursday C rides. She has been a real asset to our club these past few years. Also thanks to **David Kadotani, John Lundan, and Brian Treece** for helping Chris Zemny in making the Monday and Thursday C rides possible.

"Thanks to all these folks!" says Chris. "We can all do our part to thank them personally by volunteering to lead a ride this coming year!"

Santa Cruz bicycle community loses advocate in Gary Milburn

If we all walked in the shoes of Gary, the world would be a better place. He hung his laundry on the line rather than use a clothes dryer because he wanted to reduce energy use. He turned off lights in the house when they were not needed and he conserved every drop of water during drought years with a bucket in the shower. He rode his bicycle instead of driving a car because he cared about carbon emissions. Following their ecological convictions, he and his wife Joanie Hyerle could be seen carting their kids around town in a distinctive yellow bike trailer.

Gary worked as an industrial model maker in Scotts Valley for many years, and he rode his bike up Glen Canyon Road, rain or shine. At lunch time he often took



a fun loop ride up Scotts Valley Drive and Bean Creek before getting back to work. At his job he produced a wide range of prototypes, but his favorite was the frame for an Ibis bike.

One might think him a serious sort, but Gary's sense of humor reigned above all. He loved to prank others and he enjoyed being pranked. Ask anyone who knew him and they can recount stories involving exploding cakes, fake dynamite, water balloons and other wild surprises. He kept a junk bike at work for quick errands, and it was covered with beer decals so that it looked unappealing to

possible thieves.

Gary's bicycle advocacy led him to join People Power and, later, Bike Santa Cruz County as a Steering Committee member. His membership on the Regional Transportation's bike committee lasted from 1997-2016. Through Ecology Action and the county he taught Bike Safety classes for those who broke bicycle laws and were working off their tickets. For several years he led casual weekly rides that he called "Pedal to Pancakes." He wrote reports of the rides and poked embarrassing fun at unsuspecting targets. Gary's intention was to draw more people into riding bicycles not only as active transportation, but also for sheer enjoyment.

On July 9th Gary put the rubber to the road for one last ride. —Susan Cook

Deb Anderson is committed to riding her bike for Leukemia/Lymphoma

We start at 12 miles and gradually work up to 80, Tahoe is 100 miles and that happens the first weekend in June. Have you been on a Santa Cruz County Cycling Club C ride before?

That's the message Maura Noel sent back to me in January of 2014 in response to my sheepish inquiry about her Facebook invite to club members to ride with the Lymphoma & Leukemia Society's Team in Training (TnT) around Lake Tahoe. At that time I had recently completed Myrna Sherman's Cycling for Starters class and was ready for the next challenge. I mean, I had ridden 20 miles, for cripes sakes!

Little did I know what a life-changing experience TnT would be, a life affirming and expanding experience! In February I joined Maura and Peter Jones, then Coach Albert, and about 25 other riders to train for America's Most Beautiful Bike Ride (AMBBR). For four months we met on Saturdays, gradually increasing our mileage from 12 up to 80, with hills, rain, cold, runny noses, laughter and biking camaraderie second to none. You see, we had a common mission that I had no clue about, or didn't much pay attention to, when I started. We were raising money for cancer research and access to treatment for the LLS. With my trepidation about riding Tahoe I had missed that important piece of information! I was more terrified about the commitment to raise \$1,600

than the thought of training on the hills of Santa Cruz for four months!

However, I discovered when I asked for donations, that people responded with touching stories about how their lives have been affected by cancer. By contributing to the fundraising, many people were honoring loved ones.

On the night before the ride I wrote the names of those honorees on my ride jersey, and that's when my tears came.

I rode that ride well, Coach Albert Saporta had assured us that we would be well prepared, and he did not disappoint. And I have continued to support LLS.

Since 2014 I have ridden around Lake Tahoe four more times, starting each ride at 6 a.m. in 30-degree weather, using bubble wrap as insulation, and ending hours later in shirtsleeves with temps in the mid 70's.

This event is a gorgeous, heady experience. I'm no hero and, although reliable, I'm not a great bike rider. But I've discovered, by doing this ride, I'm making a difference.

When my buddy Ethan was two years old, he was diagnosed with leukemia. Fortunately, after undergoing 30 chemo therapy treatments over the next 40 months, he was cured! (As a historical note,



in 1955, when LLS was formed, leukemia was 100% fatal. However, cure rates for the disease now range from 50-90%, depending on the type.) My buddy Ethan turned 16 last year and rode AMBBR with his mom and dad. They are the heroes.

Call to Action

The Monterey Bay Squids, the local Team in Training, will start training at 9:30 a.m. Saturday, Feb 1st at Michael's on Main. Please, consider joining us to make a difference. We would love to ride with you! The Tahoe ride is June 7th, with distances of 100, 72, and 35 miles. All entrance must raise \$1,600.

Informational meetings will be held in January at coffee shops throughout Santa Cruz, and you may contact me anytime: debbbba@mac.com or 831-334-8567.

Finally, check out this short video of last year's ride. 850 joyful riders from around the United States! <https://youtu.be/YdQfHcl9vG8> That's me at 56 seconds with the names of honorees on my jersey. We had a great ride together. (For free registration use coupon code: AMBBR2020 teamintraining.org.)

I am forever grateful to Myrna, Maura, Peter, Albert, Jack, JT, Grace, Lilly Ann, Betsy, Rocketman, and all the other SCCCC riders that have served as mentors since that first class. Thank you SCCCC!

—Deb Anderson

Tina Armer was excellent tandem partner in bicycling and in life

If you have ever ridden a tandem bike successfully, you realize that it's a dance, a waltz of synchronization on two wheels. The captain steers, brakes and shifts, while the trusting stoker, with head down, powers and follows the captain's lead. The team maintains critical balance on curves, rough roads and dreaded traffic signals. The bike, with its burden of two, travels at breakneck speeds downhill, but, conversely, a slow slug up the next grade is guaranteed to follow. The tandem is not for all; it takes cooperation and patience, communication and endurance. Overwhelmingly it's the partnership that makes or breaks a successful tandem team.

Marriage is also a dance. Rod and Tina Armer's marriage of 47 years (their friendship of nearly 50 years) was tested by the rigors of tandem bicycle riding. For 15 years, Rod and Tina traversed the US and Europe, Asia and the Australian Coast. Sadly, their incredible accomplishments, their admirable marriage and their successful tandem team duo came to an end with Tina's sudden passing on Nov. 22nd after a short illness. She was 67.

State Air Resources Board offers E-bike vouchers

CalBike, the state of California's advocacy group, sponsored the successful Senate Bill 400 to make electric bicycles eligible for vouchers in the state's Clean Cars 4 All program. The program, funded by the California Air Resources Board, provides support for low-income households in the five largest air quality management districts who wish to trade in their old polluting cars for something more affordable than a discounted electric car. E-bikes are much cheaper and have lower emissions than an electric/hybrid vehicle.

CalBike also sponsored a bill requiring Caltrans to improve its bikeway design guidance. The Bike-Friendly Turn Lane Bill, signed by the Governor Gavin Newsome on Sept. 4, will result in official approval for designs that encourage people on bicycles to use the left portion of a right-turn lane to go straight, which is often the safest and most appropriate

Tina was a loving wife, a mother to three outstanding young men and a grandmother of two. She was the friendly bicyclist with a broad smile and an engaging conversationalist. During her professional career, she was the Deputy Chief Probation Officer for San Benito County who carried a pistol in her purse. Loving and open to initiate new friendships, yet strong willed, Tina was a willing listener to both sides of any argument.

How Tina met Rod

Tina met Rod as a teenager at Cabrillo College. After their marriage she graduated from San Jose State University. The couple settled in Aromas, where Tina had grown up, and they raised their three boys on land where they grew their own vegetables, fruits, chickens, cattle and sheep. When it was time to retire, the couple packed up their tandem and began touring the far cor-

maneuver.

This bill is an important win for bicyclists because intersections are the most dangerous place for bicyclists. This law provides a new tool for improving bicycle safety at intersections.

Active Transportation Program

Senate Bill 152 was defeated! This bill would have changed the way that funds are allocated to the Active Transportation Program, which funds bicycle and pedestrian projects, like Safe Routes to School.

The bill would have granted most of the money directly to regional metropolitan transportation agencies instead of allowing for competitive grants at the state level. This would have threatened a model state-wide competitive program, which operates by means of transparency and equity. CalBike and its partners opposed this bill and helped to defeat it.



Left photo: Tina in Oregon; right photo, Rod and Tina

ners of the world, racking up 25,000 miles!

Tina greatly enjoyed the bike riding, accompanied by the fellowship of SCCCC locally, as well as the CCE journeys and the paths that Rod so methodically plotted, which kept her happily in the saddle. Those who knew Tina remember her charm, good will and lovely smile. —Irish Meusel

(The Tina Armer Memorial Fund has been established on [gofundme](https://www.gofundme.com/f/tina-armer-memorial-fund) to create scholarships for Cyclists for Cultural Exchange (CCE), helping individuals who need financial aid to participate in the international program. <https://www.gofundme.com/f/tina-armer-memorial-fund>)

Cycling for Starters Jan. 22nd

The Santa Cruz County Cycling Club (SCCCC) is offering a Cycling for Starters class for six weeks starting at 9:45 a.m. on Wednesday, Jan. 22nd. The class is open to club members and anyone who wants to join the club for \$25.

Skills include rules of the road, how to ride safely when riding alone as well as in a group, changing a flat tire and pacing oneself on a longer ride.

Participants must be 18 years old or older to join; e-bikes are welcome. Class limited to 12 people.

Instructors are Lilly Ann Popken and Jack Johnson. To register, contact Lilly Ann at lapedals2@aol.com.

—Rhoda Bike

Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

The Bicycle Trip
1001 Soquel Avenue
427-2580
Monday–Saturday–10AM–6PM
Sunday–10AM–5PM

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open daily but call first!

Family Cycling Center
912 41st Avenue
475-3883
Monday–Saturday–10AM–6PM
Sunday–10am–5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday–Saturday 10AM–6 P.M.
Sunday–Noon–5PM

Cycle Works
1420 Mission St.
316-7671
Monday–Friday 10AM–6PM
Saturday–Sunday 9AM–6PM

The Bicycle Trip/Capitola
3555 Clares St., Capitola 95010
831-226-5050
Monday–Friday–11AM–6PM
Saturday–10AM–5PM
Sunday–Appointment only

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday–Thursday–10AM,–6PM; Friday 10AM–7PM
Saturday–10AM–6PM; Sunday–Noon–5PM

Watsonville Cyclery
25 East 5th Street
724-1646
Monday–Saturday–11AM–6PM;
Sunday–Noon– 5PM

Epicenter Cycling
Aptos Station, 8035 Soquel Dr. Suite 23
662-8100
Monday-Friday–11AM–7PM; Weekend–8AM–4PM
AND...
1730 Mission Street, Santa Cruz
423-9000
Monday-Friday 10AM–7PM; Weekend 9AM–6PM

Current eBikes
131 Front Street, Suite D
831-621-2309
831-588-0936 (cell)
www.currentebikes.com

The Roadrunner is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo,, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.

831-426-1111 www.maverickmailing.com



JOIN AND RENEW ONLINE at www.santa cruz cycling.org/club

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, www.santacruzcycling.org provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

Member First Name	*Member Family Name	*Member Contact Email
*Member Contact Telephone	Member Ride Cell Phone	<input type="checkbox"/> New Member <input type="checkbox"/> Renewal Member <input type="checkbox"/> Include on Printed Roster <input type="checkbox"/> Add to SCCCC Email list
2nd Member First Name	2nd Member Family Name and Email	One Year Memberships <input type="checkbox"/> Individual \$25 <input type="checkbox"/> \$30 for RR Mail* <input type="checkbox"/> Family \$35 <input type="checkbox"/> \$40 for RR Mail* <input type="checkbox"/> Junior \$10 <input type="checkbox"/> \$15 for RR Mail*
2nd Member Contact Telephone	2nd Member Cell Phone	Three-Year Memberships <input type="checkbox"/> Individual \$60 <input type="checkbox"/> \$75 for RR Mail* <input type="checkbox"/> Family \$90 <input type="checkbox"/> \$105 for RR Mail*

*Street Address	*City	*State	*Zip	*Roadrunner Newsletter delivered by US Mail
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League of American Bicyclists (LAB)

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

_____	_____	_____	_____
Signature of Applicant	Date	Signature(s) of additional family members 18 years or older	Date

Please complete the following for any minor (18-year-old) family members:

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

_____	_____	_____
Printed Name of Parent or Guardian	Signature of Parent or Guardian	Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership. Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

January—February, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Emily's ride/party	2	3	4 Club Ride
5	6 <i>C ride</i>	7 Club Ride <i>GP</i>	8 SCCCC board SCMC captains	9 Gizdich ride 10 a.m. Corralitos	10	11 Club Ride
12 Go for a bike ride!	13 <i>C ride</i>	14 Club Ride Aptos	15	16 Gizdich ride 10 a.m. Corralitos	17	18 Club Ride Lead a ride!
19	20 <i>C ride</i>	21 Club Ride <i>GP</i>	22	23 SCCCC meeting 7 p.m. Simpkins	24 Take a nap	25 Club Ride Women's Film Tour
26 Clean you bike	27 <i>C ride</i>	28 Club Ride Aptos	29	30 Gizdich ride 10 a.m. Corralitos	31	1 Club Ride
2	3 <i>C ride</i>	4 Club Ride <i>GP</i>	5	6 Gizdich ride 10 a.m. Corralitos	7 Be a ride leader	8 Club Ride
9	10 <i>C ride</i>	11 Club Ride Aptos	12 SCCCC board SCMC captains	13 Gizdich ride 10 a.m. Corralitos	14	15 Club Ride Be a ride leader
16	17 <i>C ride</i>	18 Club Ride <i>GP</i>	19 Clean your bike	20 Gizdich ride 10 a.m. Corralitos Banff Fillm Tour	21 Take another nap Banff Fillm Tour	22 Club Ride Banff Fillm Tour
23 Banff Fillm Tour	24 <i>C ride</i>	25 Club Ride Aptos	26	27 Gizdich ride 10 a.m. Corralitos	28	29 Club Ride
				GO GREEN!	<i>GP is Gateway Plaza</i>	<i>Aptos is Rancho del Mar Shopping Center</i>



 Santa Cruz County Cycling Club Membership Card
 www.santacruzccycling.org (Valid only with member's mailing label.)



SCCCC
 PO Box 8342
 Santa Cruz, CA
 95061-8342