

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

12,000 bicylists, pedestrians enjoy Open Streets

Final Score: 12,000+ people to 0 carbon emissions.

On Sunday, Oct. 13th, 12,000 people bicycled, walked, roller-bladed and rode scooters in a car-free environment along West Cliff Drive for five hours at the most popular Open Streets ever. Adding to this record total, 61 organizations, artists and performers also took part in the festive occasion, including Open sponsor, Bike Santa Cruz County.

The all-time high numbers have resulted in requests from the public for more open streets in more locations, and BSCC membership chairperson Eric Guerrieri says anything is possible, but future events depend upon attracting more members and sponsors.

Funding Reduced

“The City of Santa Cruz cut Open Streets funding this year from \$15,000 to \$8,000, and our funding from the Regional Transportation Commission will cover us only through Open Streets Watsonville next June, so major fundraising, grants and sponsorships will be needed,” he says. “Also, the city limits the number of events that can close West Cliff Drive every year, so another event in that location would require significant support from community members and stakeholders.” Guerrieri adds that, since West Cliff Drive residents are the most impacted by closure of the road that runs in front of



Left photo, one bike, two handlebars! Right photo, Tina Andretti explains rail trail segments at FORT booth.

their homes, more community outreach is needed for more events there.

Safe Transportation

That being said, both Guerrieri and Gina Cole, BSCC’s executive director, lauded the event for its ability to provide safe, car-free transportation on a sparkling October day, and for its community-building effect.

An obstacle course designed by Ecology Action encouraged young riders to use proper hand signals, while Friends of the Rail Trail volunteers answered questions all day long on when sections of the trail will be completed. Volunteers from the city’s Street Smarts program and volunteer police gave helpful information on how to register bikes and how to insure safe transportation to and from local schools.

Bike Santa Cruz County is offering a lottery prize, a Kalkhoff e-bike, (courtesy of The Bicycle Trip). Every \$5 donation before Nov. 1st will result in a lottery ticket! Go to <https://bikesantacruzcounty.givingfuel.com/ebikegiveaway>.

—Glide A. Long



Left photo, l to r: Bill McBride and David Giannini help register bikes at Open Streets, center photo, Liz Starkey and Jules Mandujano are Open Streets volunteers. Right photo, Scooter Girl makes her way down West Cliff Drive.



November—December, 2019
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Holiday party set for Dec. 8th

Mark your social calendar for 2 p.m. Sunday, Dec. 8th for the SCCCC annual Holiday Party at the Felton Community Hall, 6191 Highway 9. The menu is potluck, with SCCCC providing both meat-based and vegetarian lasagna, garlic bread, desserts, soft drinks, coffee and tea.

Members are asked to bring a favorite salad or hors d’oeuvre and personal eating utensils (to reduce plastic from entering landfills.) A gift for the White Elephant exchange is optional.

Mike Heckel will again present a slide show of members enjoying their bike outings during the year. Please send your best photos to Mike at skydvr1@gmail.com.

Volunteers are needed for table and chair set up at 12:30 p.m. as well as assisting with clean up. Please contact Suzan Farrens at slfarrens2019@gmail.com to help out. (SCCCC hopes everyone will help out with this annual treat!)

SCCCC MEETING
THURSDAY, JANUARY 23RD
SIMPKINS SWIM CENTER
979 17TH AVENUE

Club shorts: Former club president remembered

SCCCC President in 1978, **Edward Noël Price**, 63, passed away on Sept. 14. According to Jim Langley, Price was captain of one of the largest masters bicycling teams in the country, first racing for The Bicycle Trip and then for Spokesman Bicycles. Under his leadership, the team grew to 50 riders from the county and elsewhere. It won numerous championships in all disciplines. “Ed was a fixture in the Santa Cruz cycling community. In his day, Ed was a fierce competitor, as well as a mentor to many up and coming hopeful racers, both in cycling and triathlon. He could offer training advice, physical training, diet and weight management, and Ed was a reliable and skilled training partner. As a personal trainer he gave as much to his clients as to his cycling team,” said Langley. A memorial service took place for Ed’s family and friends in September.

Mountainfilm on Tour arrives at 7 p.m. Saturday, Nov. 9 at the Rio Theater. It brings a selection of adventure-packed and inspiring documentary films originally shown in Telluride, CO. The entertainment includes a mix of adventure, environmental and cultural films. Tickets available at <https://www.brownpapertickets.com/event/4333315>

Also next month, **The Reel Rock Film Tour**, one of climbing’s greatest celebrations, returns at 7 p.m. Friday, Nov. 15 to the Rio Theater. Films include climbs in Yosemite Valley, rural Utah and Mongolia! The event is sponsored by Pacific Edge Climbing Gym. **Tickets** available at <https://www.brownpapertickets.com/event/4307238>

Marianne Benforado noticed several weeks ago that not everyone on the ride she lead listed an emergency phone number on the ride sign up sheet. Marianne advises the following: “In the event that you had a medical emergency on a club ride who would you want contacted? Think worst case scenario and you are unconscious and cannot make decisions for yourself. Memorize that number and then put it on the sign up sheet! “I keep copies of my



Helping Ed Kilduff celebrate birthday #91 are, l to r: Leo Jed, Osman and Judy Isvan, Ed, Teri Ruegg and, in front, Peggy Seltz.

driver’s license and insurance card plus other contact info in my bike bag as well. Just in case. Hope for the best and prepare for the worst! That was my dad’s motto.”

Due to traffic congestion, Domino’s Pizza now favors e-bikes over vehicles for pizza delivery! With each e-bike holding 12 pizzas inside front and rear insulated bags, Domino’s is now delivering to customers in Miami, Salt Lake City, Baltimore and Houston. Will Santa Cruz be next for this \$5.5 billion business?

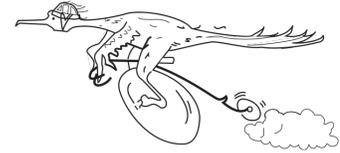
SCCCC member **Doug Engfer** rode 1,000 miles and accumulated 100,000’ of elevation gain during three weeks last summer in Spain and France! He rode in the Picos de Europa in Spain on a self-guided tour and then he joined a group tour on a trans-Pyrenees trip that covered some of the Tour de France climbs. In late September he rode the “new Jensie” ride to benefit physically-challenged athletes in the Half Moon Bay area.

The **San Lorenzo River Trestle Trail** has been recognized as the Bikeways and Trails Project of the Year 2019 from the American Society of Civil Engineers, San Francisco Region!

The trail replaces a four-foot-wide walkway with a multi-use trail that is 10 feet wide. It is the first segment of the coastal rail trail to be completed and it connects the Seabright area to the Beach Boardwalk and Downtown.

Congratulations to the City of Santa Cruz for the award!

—**Bea Biker**



THE ROADRUNNER is the official newsletter of THE **SANTA CRUZ COUNTY CYCLING CLUB**. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we’ll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or **www.santacruzcycling.org**

THE **SANTA CRUZ COUNTY CYCLING CLUB** is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club’s mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club’s educational activities.

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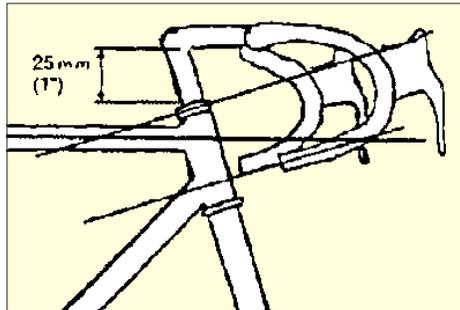
Do you ever wonder what exactly goes on at the monthly board meetings for SCCCC? Sometimes board members approve \$500 grants for bike groups that encourage young people to ride bikes more, expanding their horizons. (i.e. Trips for Kids). Sometimes grant money goes to bicycle rodeos at elementary schools, where students learn how to make proper left hand turns, use other hand signals correctly and have fun on a bike for part of an afternoon!

The October meeting of the SCCCC board took a different turn as the Storage Locker Issue resulted in much discussion on cost (SCCCC pays half of the \$600 monthly fee to a public storage company, sharing this cost with Cyclists for Cultural Exchange.) SCCCC also pays about \$12 per month in insurance on the locker contents. How to find cheaper storage within easy reach?

Locker alternatives included purchase of a “pod”, a one-time expense. Another suggestion was to buy or rent a cargo trailer, which has the advantage of being relocated more easily than a storage pod if necessary. No vote was taken, but if any club members have an idea on a cheaper storage unit, please tell a board member!

Albert Saporta, safety and education director, reported that Mountain Bikers of Santa Cruz (MBoSC) and SCCCC are sharing information on club events and classes via the MBoSC newsletter. MBoSC sponsors trail building, the Log Cabin Classic and the Old Growth Race. It boasts a membership of 3,000!

Isabelle Magnin issued a note of caution regarding the Tuesday Ride start locations. (Gateway Plaza and Rancho del Mar). She advised that members be mindful of their



good manners, particularly in regard to not blocking cars looking for parking slots. We are on private property, and so we need to take care and not provoke members of the public with our presence!

The board again discussed alternative Tuesday ride start locations, such as a local

bike shop, Skypark and the BMX parking lot in Scotts Valley and Ana Cummings Park in Soquel. No decision to change the Tuesday ride start location was made.

SCCCC officers and ride coordinators serve for two years, and the Saturday A/B and C Ride Coordinator positions are ending for the marvelous John Armstrong (Saturday A/B coordinator) and the wonderful Joe Kelly (Saturday C coordinator). If you want to help the club out by sending out email notes every two months to recruit ride leaders, now is the time to step up! Isabelle volunteered to be the Tuesday A/B ride coordinator, replacing Larry Tierney who has done an excellent job! Please step up and volunteer!

The program for SCCCC’s general membership meeting Oct. 24 was the last item of discussion. Casey Carlton of County Public Works will discuss how Proposition D has financed road repair in the county as well as the cost/construction of roads. A representative from Medivac insurance (helicopter assistance in case of a bike accident) will talk about the program’s cost. Lastly, Skippy Givens will discuss the successful Santa Cruz Mountains Challenge and the need for a few new captains in 2020.

—Glide A. Long

Rich Larson tours Napa Valley, rides coast to benefit Rotary Club

In late September I was one of 80 bike riders who participated in the Santa Cruz Sunrise Rotary Ride, also known as Jon & Ken’s Most Excellent Adventure. Now in its 22nd year, this fundraiser has “got-it-down.” After traveling by bus to Healdsburg, we enjoyed a beautiful ride through redwoods and along the Russian River to a bountiful lunch stop in Monte Rio. Continuing on, we rolled into Bodega Bay for the overnight stay, including a group dinner and presentation about Jacob’s Heart, the recipient of this year’s fundraising efforts. (Over \$100,000 was raised for this cause.)

On Day Two, riding groups began to form around various pace preferences. This 85-mile day took us through Marin



County, across the Golden Gate Bridge and along the Great Highway to our destination in Pacifica. A weekday ride across the Golden Gate Bridge means that all pedestrian and bike traffic is on the east side of the span. This proved to be the most unnerving two miles of the entire trip! Riders coming toward us on rental bikes from the city, tourists walking in both directions while taking in the view and, finally, being passed by another group of bicyclists who seemed to be in race mode. Very exciting!

Hot Lunch Reward

A wonderful hot lunch was our reward as we stopped in San Francisco before

continuing further south. Interestingly, our lunch stop was in the shadow of a former military building in the presidio that still retained a decades-old “Fallout Shelter” sign.

We were delighted to realize a tailwind as we rode south on Highway 1 to Santa Cruz. The lunch stop was at the Pidgeon Point Lighthouse, where a long-held tradition of tequila shots remained unbroken! The finish party at the Tannery Arts Center included a barbeque, raffle and DJ. Local bike shops like The Spokesman and The Bike Trip were among many sponsors.

I am not a Rotarian but I was welcomed into this group as one of its own. This was a great chance to make some new friends, raise funds for a local non-profit and enjoy a wonderful three days of riding our beautiful area.

—Rich Larson

Cory Caletti, rail trail catalyst, retires after 22 years at RTC

By the age of 7, Cory Caletti was happily riding her Schwinn Stingray bicycle around town in her native country of Romania. Three years later, after she and her mother joined her father in Los Angeles, Cory had become an avid bike rider, but her new ‘territory’ puzzled her. While LA offered miles of freeways going every which way, it was not bicycle friendly.

“Where were the trees? Where was the neighborhood community?” Cory remembers asking herself. Partly due to that sense of loss, and influenced by her friends who were already there, Cory enrolled at UCSC as a sociology major in the mid-80’s. Urban planning wasn’t on her radar at the time. However, after bicycling through the rustic, forested campus and exploring its nearby mountain roads, Cory began wondering more and more how to make bicycle and pedestrian infrastructure a bigger part of her local environment.

The rest is...well... history, as Cory recently retired from her full-time job of 22 years as transportation planner at the Regional Transportation Commission. Most recently, her efforts have helped make the Monterey Bay Sanctuary Scenic Trail (rail trail) a reality for residents of Santa Cruz, where the 1.3-mile trail from Natural Bridges to Bay Street will be completed next



summer. For Watsonville residents, the 1.2-mile trail from Lee Road to Walker Street will open next year. (Cory continues to consult on the trail until the end of 2019.)

Like a Juggler

Designing and implementing a trail is like a juggler keeping several balls in the air simultaneously. After (now retired) US Assemblyman Sam Farr of Monterey secured trail funding starting in 2011, when rights to the rail line were bought from the California Transportation Commission, Cory was “off to the races,” according to the RTC’s Deputy Director Luis Mendez.

“After funding was secured, Cory was a catalyst,” says Mendez. “Right away she came up with a work plan and a timeline to keep us on schedule. She coordinated with so many entities—consultants, stakeholders, engineers, environmentalists—all while keeping Sam Farr and his office informed. She kept the project moving forward. She was the orchestra leader who made sure

all the instruments were involved. And, the MBSST plan has received four awards, a testament to the work that Cory did on it.”

Besides chief trail planner, Cory has until recently chaired the RTC’s Bicycle Advisory Committee, which studies and either recommends or vetoes a particular bike/ped project to the commission. She says she is most proud of creating more diversity among committee members and working with a consultant to educate them on the principles of a well-designed traffic project.

150–200 miles/week

Now that Cory is retiring, she and her husband of 15 years, bicycle frame builder John Caletti (Caletti Custom Cycles) spend big chunks of time riding local mountain roads, covering 150 to 200 miles per week. The couple met when Cory was racing bikes on The Bike Trip’s Team and John was working at the shop. When not tackling local hills, the couple enjoys longer bike treks to Big Sur and other epic trips. As an experienced transportation planner, Cory says she is always on the lookout for urban innovations in cycle tracks, bike parking and other ways to integrate biking into public spaces.

“Being a professional, I am always thinking about ways to bring new ideas to Santa Cruz County,” she says with a smile.

—Grace Voss

Rhine River tour offer attractions for the ‘do-it-yourself’ bicycle tourists

Back in May 2019 four of us, (photo, 1 to r: me, Joyce Rollins, Leonard and Jan Foreman) booked a seven-day, self-guided tour of the Rhine River. We booked through Velotours and received a map and list of hotels, which were set up through them. We started biking from Freiburg, Germany (a beautiful city with old world charm) and headed north.

One of the highlights was crossing the bridge between Germany and France at Strasbourg. This modern bridge was for bike and foot traffic only, and it was surrounded by a wonderful park with activities for locals and tourists alike.

It must have been stork season, because quite a few old towers and buildings had storks nesting atop of them! (They looked rather precarious, because these are big birds!) We also saw many white swans and



wildflowers along the shores of the Rhine.

Needless to say, the food was great and the biking through acres of vineyards was beautiful. Fellow travelers were friendly and helpful, while the weather was pristine, except for our return into Freiburg on the last day as we navigated rush hour traffic in a downpour, accompanied by thunder and lightning—quite exciting!

One thing that impressed me was a Freiburg bike shop that had a vending machine available outside and after hours. It sold tire tubes and assorted necessities! Bikes rule in Europe!

—Joanne Moy

City program offers downtown workers free bus, Jump Bike

Driving to work downtown to park all day in a garage is out. Alternate ways to encourage downtown workers to leave their cars at home is in. To encourage this new style of alternate commuting, the City of Santa Cruz started its GO Santa Cruz program on Oct. 1st, aimed at reducing employee car trips to downtown.

Simple Program

The program's idea is simple: reduce parking demands for 4,000 downtown-based employees by offering free bus passes to and from downtown, coupled with a \$2 reduction per trip for employees using Jump Bikes to complete their commute from bus stop to work. The Jump Bike discount is good for 60 trips in a two-month period. If a downtown worker wants to commute using his/her own bike, \$20 certificates for bike storage lockers are available. Other benefits for downtown employees include car pooling, car pool ride matching and bike safety information.

To qualify for this downtown



City transportation planner Claire Fliesler with one of the city's popular Jump Bikes.

parking program, employees must work for a company within the boundaries of River Street to Center Street and Laurel Avenue to Mission Street.

Magical Website

The magic website is <https://my.cruz511.org/s/gosantacruz>. Besides reducing greenhouse gas emissions from cars driving to and from and/or idling downtown, the program aims to keep up Santa Cruz's noteworthy position as

the city with the second highest rate of bicycle commuting in the US.

City transportation planner extraordinaire, Claire Fliesler, says, "This is the newest and greatest addition to the city's Jump Bike Program to date. I'm looking forward to seeing how the program works and making adjustments to it as needed."

Jump Bike Update

The city's Uber-owned Jump Bike Program rolled out about 18 months ago, on Bike to Work Day, May 10, 2018. Results were immediately spectacular, with ride rates increasing monthly through the year. Fliesler says ride totals since then have reached 500,000 individual rides, with each Jump Bike being used five times a day for an average trip distance of two miles. The city now boasts 500 Jump Bikes available at 14 stations within city limits.

The Jump Bike success story may spread soon to Live Oak and Capitola, as the County of Santa Cruz and Capitola have released an Request For Proposal for a bike share system

—Rhoda Bike

SCCCC benefitted when Joe Kelly enrolled in 2016 Cycling for Starters class

Joe Kelly was a committed mountain biker in 2015, riding his steel-frame Diamondback on the trails of Wilder Ranch or along the ocean bluffs for 20-mile outings almost every weekend. But when he decided to shop around for a lighter-weight bike with better suspension, he grew frustrated with local bike sales people. No matter which bike shop he visited, he was encouraged to demo only the more expensive models, ranging in price from \$7,000 to \$8,000.

Since these bikes were outside Joe's budget, he postponed purchasing a new mountain bike. Then the December rains arrived, dampening his spirits further. "Why buy a mountain bike in winter?" he asked himself.

By chance, Joe noticed in the newspaper a short story on the club's Cycling for Starters road bike class coming up in January. The idea struck a chord, and Joe resumed his



bike shopping effort, eventually purchasing a sparkling Bianchi road bike from Cycleworks. After participating in the class, he became an avid B rider on the club's Tuesday rides and he joined the C-riders on Saturdays.

For the past two years, Joe has coordinated the Saturday C rides for the club. This means signing up members who submit ride descriptions and listing the rides on the club's online calendar.

"I've been lucky with that job," says Joe with a smile. "A corps of half a dozen club members—Petronella van Dam, Paula Bradley, David Kadotani, Jack Johnson, Bill McBride and Ric Eiserling—usually step up to lead the Saturday C rides. My recruiting method is to send out several

reminders, filling in the different dates as volunteers step forward, until only one or two dates are left. This serves as a reminder! David Kadotani was very helpful to me in the beginning, explaining how to enter the data on the club's calendar."

Today, Joe's mountain bike still occupies some of his free time, mostly for riding around town to do errands. "I'm too old for stump jumping or riding through creeks!" says this active 69-year-old, who admits his mountain biking was good preparation for road biking. He also enjoys the social and safety aspect of club rides. "I think group riding is better," he admits.

A former recreational golfer, Joe used to play golf regularly at the Delaveaga course, and he boasts a handicap of 12. He took up bicycling when a rotator cuff injury limited his golfing. SCCCC is glad Joe made the switch, and thanks him for helping out during the past two years as a Saturday ride coordinator!

Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. B Rides are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; A Rides are for experienced riders looking for a challenge., These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

Tuesday ride: Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available.. On the 2nd and 4th Tuesdays, meet at parking lot of Rancho del Mar Shopping Center, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: Larry Tierney at ltierney2854@gmail.com. "Lite" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride. C/D rides on Mondays and Thursdays are listed

Saturday, November 2nd A/B Ride
 Pescadero Zig Zag to Half Moon Bay
 9 a.m. start, Pescadero; A=57 mi/5,300'; B=44 mi/3,500'
 Chris Boman.....831-475-5902

Saturday November 2nd C Ride
 Gateway to Harbor and Beyond
 10 a.m. Start at Gateway Plaza; 29.4 mi/1949'
 Joe Kelly.....831 234-1977

Saturday, November 9th A/B Ride
 Beyond Eureka Canyon
 9 a.m. start, Rancho Del Mar; A/B=53.4 mi/5,494'
 Ron Olson.....408-218-3189

Saturday November 9th C Ride
 West Marine and Vega
 10 a.m. start at West Marine; 32.9 mi/989'
 David & Jeanni Kadotani.....831-588-3561

Saturday November 16th A/B Ride
 Mt. Charlie Roundabout
 9 a.m. start, CCC; route details TBD
 Shahe Moutfan.....831-251-1663

Saturday November 16th C Ride
 Monterey, via Bike Path
 10 a.m. start at Pezzini's; 29.3 mi, 990''
 Bill McBride.....831-239-5081

Saturday November 23rd A/B Ride
 Saturday Surprise!
 9 a.m. start, Pescadero; Route details TBD
 Bruce Dau.....831-234-5177

Saturday November 23rd C Ride
 Pescadero Hill Climb
 Meet at 9 a.m. in Pescadero by stoplight; 28 mi/2250'
 Grace Voss.....831-247-8878

Saturday November 30th A/B Ride
 Enjoy a Local Toodle
 Start at CCC, time TBD; A=55 mi/5,000'; B=35 mi/2,800'
 Isabelle Magnin.....831-325-2712

Saturday November 30th C Ride
 Valencia to Green Valley
 10 a.m. Start at Rancho Del Mar; 29.1 mi.
 Helga Wiench 831 840-9513 or 831 288-0709

Saturday December 7th A/B Ride
 Mercey Hot Springs
 9 a.m. start at Paicines General Store; A=71.4 mi/3,982';
 B=55 mi.
 Richard Burton.....408-540-4695

Saturday December 7th C Ride
 Morgan Hill Tour
 9 a.m. start at Anderson Lake Visitor Center, 19245
 Malaguerra Ave.; 28.5 mi, 890'
 Jack Johnson.....831 359-2501

Saturday December 14th A/B Ride
 Carmel Coast/Valley Ramble
 9 a.m. start, Marina Walmart; A/B=60.5 mi/3,203'
 Paul McDonald.....831-419-7388

Saturday December 14th C Ride
 17 Mile Drive
 10 a.m. Start at Starbucks, Sand City Shopping Center; 33.1
 mi/1242'
 Peronella van Dam.....831 454-6010

Saturday December 21st A/B Ride
 Epic Summit Ride
 9 a.m. start Boulder Creek; A=43.3 mi/6,013'; B=33.7mi/3,232'
 Dan Hughes.....925-640-5797

Saturday December 21st C Ride
 Scotts Valley Tour
 10 a.m. Start at CCC, Capitola; 23 mi/1187'
 Paula Bradley.....831 345-5482



Left photo, Kimlin McDaniel–Keith was one of more than 100 participants in the Ohana Ride to benefit Breast Cancer on Oct. 19; center photo, Janice and Matt Taylor and their daughters staff the Miso Soup Rest Stop at Capitola Community Center during Ohana Ride; right photo, John Armstrong is stepping down as the Saturday A/B ride coordinator, and SCCC thanks him for his organizational efforts during the last two years! (Volunteers are needed for Saturday A/B and C ride coordinators .

Saturday December 28th
 Something New for the New Year
 Route details, start time and location TBD
 Wendy Bowers-Gachesa.....

A/B Ride

Saturday December 28th
 Seaside via Fort Ord
 10 a.m. Start at Walmart, Marina; 26.4 mi/1782'
 Ric Eiserling.....831-234-7725

C Ride

Bicycle Safety with Pete Pearson

Here's news about a new Cola P, a multi-functional and handlebar-mounted flashlight for the bicycle that will give you the brightness you need and also hold your mobile phone at a readable angle. This three-mode, twin lens flashlight puts out 400 lumens, and the base of the unit holds a waterproof charger to keep your phone going on long GPS rides. As if that is not enough, you may buy an 80-decibel horn to warn others. Cost is \$89.95, although this product is sometimes on sale for \$36.99 with free shipping. It requires a round handlebar mount.

Sena has come out with a smart cycling helmet with built-in speakers and microphone for group intercom conversations. Perfect for the peloton when passing! The R1-STD allows the rider to be fully aware of surroundings. The microphone has advanced noise control technology to transmit your voice clearly up to 900 meters. You may customize settings to listen to FM radio. A custom visor may be added to the R1 polycarbonate helmet that retails for \$129.95.

Specialized now offers the Ambush Trail Helmet with MIPS technology with a small electronic crash sensor that automatically calls for help when it detects a serious impact. Check with your local dealer for this attractive \$200 safety helmet.

Stay warm on the cheap! I wear simple Mechanic gloves over my bike gloves for cold weather riding. They catch a motorist's attention when signaling since they come in bright yellow or red. And they are perfect for changing a flat in the mud on a rainy day! Available at Ace Hardware, Lowes and Home Depot



Top left photo, Jane and Toby Ferguson are regulars at one of Bike to Work Day's locations, The Picnic Basket. Top right photo, Trish Cernac and Mike Harrison at Pizza and Pie outing last August. Left photo, SCCC social chairpersons Suzan Farrens, left and Jennifer Byl at Pizza and Pie outing in Delaveaga Park.

Former SCCCC president Robert Leibold directs Strawberry Fields

Robert Leibold, organizer of at least 30 criterium bike races annually and the longtime president of SCCCC in the 1970's and 80's, is the new director of Strawberry Fields Forever, the main fundraiser for Cyclists for Cultural Exchange (CCE). Former event director Frank Pritchard announced at CCE's Oct. 15th meeting that, at age 77, he is stepping down as ride director, although he may be assisting Leibold this year.

Event Organizer

Leibold is no stranger to event organization. He plans to stage both the Santa Cruz Criterium and the UCSC Road Race next year. He is presently working on permits for Strawberry Fields Forever on May 17, 2020. As club president, he organized the Pajaro Valley Century for SCCCC, an event that closely parallels the SFF course. He predicts he "will double the 2019 SFF attendance." He said he will depend heavily on event captains to get the job done.

About 45 people interested in bicycling, SFF and CCE's domestic and international



exchange programs attended the meeting at Simpkins Swim Center.

Craig Calfee announced two upcoming CCE trips to Cuba, a country where he continues to work with

local bike shops to make and sell bamboo bikes. The trips take place Feb. 15–22 and March 1–7, with an optional three days more in Havana for each trip. Cost is \$800 for the first week and \$500 for the Havana extension.

Calfee said "Cuba is a country close to my heart. It's our closest neighbor and it needs our friendship." More info and trip sign up sheets are available at www.cyclistsforculturalexchange.org/upcoming. Matt Farrell (mateo@cruzio.com) is trip organizer.

Other speakers included Skippy Givens, who spoke about the ongoing need for bike

ride leaders on a weekly basis for SCCCC, groups that have received grants from the bike club and the successful 2019 Santa Cruz Mountains Challenge.

Daniel Spero and Jim Starr emphasized the value of the post-SFF bike ride for international CCE visitors and how that trip has a 'snowball effect,' leading to CCE trips in their home countries after returning from the US.

CCE Trips Change Lives

"These trips change people's lives," said Jim Starr, adding that CCE's domestic program has led to trips in Russia, Australia, Italy and China. Marilyn Marzell said that CCE grants have made possible bike programs in Cambodia and Vietnam. They have helped build bikes in Africa and they support local causes like Trips for Kids, Bike Smart and a cooperative effort to provide and maintain bikes for low income children through Caroline's Re-sale Shop and Pacific Cycles. CCE will discuss at its next board meeting whether to offer memberships in the organization and how membership may affect future trip sign-ups.

—Glide A. Long

Bike safety classes coming in October, January

Two bike safety classes are on their way, one starting in late October and the other in January!

SCCCC's Education/Safety Director Albert Saporta is teaching a five-week Basic Bicycling Skills class to club members. First class starts at 9 a.m. on Tuesday, Oct. 29th at the intersection of Delaware Ave. and Natural Bridges Dr. on the Westside. Distances begin with a 7–8 mile ride and gradually increase to 20 miles. Skills include rules of the road, how to ride safely when riding alone as well as in a group, changing a flat tire and pacing oneself on a longer ride. Non-club members 18 years of age and older who want to take the class may do so by joining SCCCC for \$25 per year. Advance registration is required and E-bikes are welcome. Go to www.santacruzcycling for membership

information and register at the Events Calendar. Class is limited to 10 people. Bicyclists must wear a helmet and have a bike in good working order. Contact Albert at tolacycledude@sbcglobal.net. In case of rain, class will be rescheduled.

Do you want to begin the new year with new bicycling skills? Lilly Ann Popken and Jack Johnson are offering a six-week bicycling class beginning Wednesday, Jan. 22, 2020.

The first class meets at West Cliff Drive at the Parking Lot by Lighthouse Field near the restrooms. Helmets and a functioning bicycle are required. There is no cost for the classes, but membership in SCCCC (\$25) is required.

Class is limited to 12 new participants. Contact Lilly Ann Popken at lapedals2@aol.com to register.

More fun at Open Streets



Top photo: Ecology Action teaches safety skills; side photos, Open Streets is a family and dog outing!



Courteous drivers, lots of two-way 'cycle paths' in southern Quebec

Courteous drivers, an amazing array of two-way 'cycle paths' winding through suburban and forested areas surrounded by lakes, and excellent leadership were three highlights of a mid-September bicycle tour in Southern Quebec sponsored by The Bicycle Adventure Club of San Diego. A BAC fellow traveler from past outings, Tina Neil of Tucson, AZ and I joined a small but compatible group of folks from Houston, Irvine, CA and Hawaii for the 10-day adventure.

Our leaders were John Gradwell, a British ex-pat who organized the tour for the second consecutive year, and the ebullient Germain Berube, a native of Quebec who absolutely loves taking visitors out on his favorite bike rides through the countryside and into local villages. We followed his enthusiastic guidance like lemmings headed to the sea, happy to try and keep up!

Lots of Waterways

We rode for eight days in the Vaudreuil-Dorian region, a rapidly-growing area located in a lake district about a half-hour's drive from Montreal. Never were we far from water! We rode across bridges, through forested areas adjoining locks and along the extensive shorelines of Lake St. Louis and Lake of the Two Mountains. When we couldn't reach our destination by land, we



Off-road cycle paths traveled through forested areas and were in many suburban metropolitan areas as well.

rolled our bikes onto ferries to continue our adventure across the connecting waterways.

Fortunately the weather cooperated during our stay, with the only substantial rainfall occurring at night, leaving morning puddles which dissipated shortly after our 9 a.m. departure. Lunch was often at a French café with delicious sandwiches and soups, coffee and a variety of patisseries which rivaled the best that Parisian cafés could offer. The one exception was our first day on the bike, when we visited a local soup festival, an annual event featuring 41 different soups and soupmakers who encouraged unlimited sampling! Dinners were excellent and cosmopolitan, with

John arranging for us to dine at a variety of Greek, Italian, French, Indian and Canadian restaurants.

Aretha Franklin Concert

One night featured a concert by a local singer and her eight-piece band in the tiny town of Hudson. She sang Aretha Franklin songs for two hours with the same powerful voice as The Queen of Soul herself! The sold out concert took place in a former train station which is now a performance center!

During our daily bike rides, what impressed me the most was the vast network of two-way "cycle paths" (bike paths) laid out on the same side of the road and adjacent to oncoming traffic in metropolitan areas. These cycle paths also had bollards (posts) placed on the road by the path closest to traffic every 15 yards, lending extra security to the bicyclist traveling opposite to traffic. Other cycle paths were separated completely from the road by grassy parkways.

Occasionally a cycle path crossed a road, and, unfailingly, car drivers would stop, allowing us to cross the road safely. When we traveled on cycle paths through wooded areas, drivers stopped well in advance of us reaching the road. No driver ever disputed our having the right of way when crossing roadways. This phenomenon occurred regularly in both urban and rural areas. Amazing!

Finally, our accommodations were at the luxurious Chateau Vaudreuil, a five-story (and five-star) hotel featuring French architecture and spacious grounds and located on the shores of Lake St. Louis. Chandeliers and oil paintings adorned the lobby, while the rooms were huge and the bathrooms enormous! Each double room resembled a suite, and we used the extra living space for BAC's popular 5 p.m. happy hour each day, when we relaxed with a beer or glass of wine to discuss the day's outing and plan the next day's adventure.

BAC is an online organization whereby members (\$50 per year to join) lead 10-day and two-week bike tours both in the US and abroad. Go to www.bicycleadventureclub.org for more information.

—Grace Voss

Who are the past (and present) presidents of SCCCC?

1972—1977	Robert Leibold	2000	No President
1978	Ed Price	2001—2002	Janet Fogel
1979	Frank Drees	2003—2004	Linda Correia
1980	Joy Colangelo	2005—2006	Richard Bedal
1981	Robert Wright/Norm Gall	2007—2009	Bart Coddington
1982—1990	Robert Leibold	2010—2011	David Gill
1991	David Holder	2012—2013	John Marshall
1992—1993	Steve Toms	2014—2016	Maura Noel
1994—1995	Alberta James	2017—2018	Catherine van Rhys
1996—1997	Jeff Clark	2019	David Giannini

Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

The Bicycle Trip
1001 Soquel Avenue
427-2580
Monday–Saturday–10AM–6PM
Sunday–10AM–5PM

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open daily but call first!

Family Cycling Center
912 41st Avenue
475-3883
Monday–Saturday–10AM–6PM
Sunday–10am–5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday–Saturday 10AM–6 P.M.
Sunday–Noon–5PM

Cycle Works
1420 Mission St.
316-7671
Monday–Friday 10AM–6PM
Saturday–Sunday 9AM–6PM

The Bicycle Trip/Capitola
3555 Clares St., Capitola 95010
831-226-5050
Monday–Friday–11AM–6PM
Saturday–10AM–5PM
Sunday–Appointment only

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday–Thursday–10AM,–6PM; Friday 10AM–7PM
Saturday–10AM–6PM; Sunday–Noon–5PM

Watsonville Cyclery
25 East 5th Street
724-1646
Monday–Saturday–11AM–6PM;
Sunday–Noon– 5PM

Epicenter Cycling
Aptos Station, 8035 Soquel Dr. Suite 23
662-8100
Monday-Friday–11AM–7PM; Weekend–8AM–4PM
AND...
1730 Mission Street, Santa Cruz
423-9000
Monday-Friday 10AM–7PM; Weekend 9AM–6PM

Current eBikes
131 Front Street, Suite D
831-621-2309
831-588-0936 (cell)
www.currentebikes.com

The Roadrunner is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo,, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.
831-426-1111 www.maverickmailing.com



JOIN AND RENEW ONLINE at www.santa cruz cycling.org/club

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, www.santacruzcycling.org provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

Member First Name	*Member Family Name	*Member Contact Email
*Member Contact Telephone	Member Ride Cell Phone	<input type="checkbox"/> New Member <input type="checkbox"/> Renewal Member <input type="checkbox"/> Include on Printed Roster <input type="checkbox"/> Add to SCCCC Email list
2nd Member First Name	2nd Member Family Name and Email	One Year Memberships <input type="checkbox"/> Individual \$25 <input type="checkbox"/> \$30 for RR Mail* <input type="checkbox"/> Family \$35 <input type="checkbox"/> \$40 for RR Mail* <input type="checkbox"/> Junior \$10 <input type="checkbox"/> \$15 for RR Mail*
2nd Member Contact Telephone	2nd Member Cell Phone	Three-Year Memberships <input type="checkbox"/> Individual \$60 <input type="checkbox"/> \$75 for RR Mail* <input type="checkbox"/> Family \$90 <input type="checkbox"/> \$105 for RR Mail*

*Street Address *City *State *Zip *Roadrunner Newsletter delivered by US Mail

League of American Bicyclists (LAB)
 Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")
 Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

 Signature of Applicant Date Signature(s) of additional family members 18 years or older Date

Please complete the following for any minor (18-year-old) family members:

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

 Printed Name of Parent or Guardian Signature of Parent or Guardian Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership. Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

November—December, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday 1	Saturday 2 <i>Club Ride</i>
3	4 <i>C ride</i>	5 <i>Club Ride</i> <i>GP</i>	6	7 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	8	9 <i>Club Ride</i>
10 <i>Go for a bike ride!</i>	11 <i>C ride</i>	12 <i>Club Ride</i> <i>Aptos</i>	13 <i>SCCCC board</i>	14 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	15	16 <i>Club Ride</i> <i>Lead a ride!</i>
17	18 <i>C ride</i>	19 <i>Club Ride</i> <i>GP</i>	20	21 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	22 <i>Take a nap</i>	23 <i>Club Ride</i>
24 <i>Clean you bike</i>	25 <i>C ride</i>	26 <i>Club Ride</i> <i>Aptos</i>	27	28 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	29	30 <i>Club Ride</i>
1	2 <i>C ride</i>	3 <i>Club Ride</i> <i>GP</i>	4	5 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	6 <i>Be a ride leader</i>	7 <i>Club Ride</i>
8 <i>Holiday Party; 2 p.m. Felton Community Hall</i>	9 <i>C ride</i>	10 <i>Club Ride</i> <i>Aptos</i>	11 <i>SCCCC board</i>	12 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	13	14 <i>Club Ride</i> <i>Be a ride leader</i>
15	16 <i>C ride</i>	17 <i>Club Ride</i> <i>GP</i>	18 <i>Clean your bike</i>	19 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	20 <i>Take another nap</i>	21 <i>Club Ride</i>
22 <i>Clean your bike!</i>	23 <i>C ride</i>	24 <i>Club Ride</i> <i>Aptos</i>	25	26 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	27	28 <i>Club Ride</i>
29	30	31 <i>Leader's Choice</i>		GO GREEN!	<i>GP is Gateway Plaza</i>	<i>Aptos is Rancho del Mar Shopping Ctr.</i>



 Santa Cruz County Cycling Club Membership Card
 www.santacruzccycling.org (Valid only with member's mailing label.)



SCCC
 PO Box 8342
 Santa Cruz, CA
 95061-8342