

# The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

## 19th Mountains Challenge big success

A new event director, more than 150 enthusiastic volunteers and a robust crowd of about 450 hard-core bicyclists combined to make the 19th version of the Santa Cruz Mountains Challenge on July 29 a rousing success. While the (financial) bottom line remains to be determined, the club's first attempt at cash sponsorships resulted in a healthy \$3,800.

Skippy Givens, no stranger to organizing outdoor events as the former director of intramural sports at UCSC, praised both captains and club members for staging the one-day ride featuring four hilly routes of 132, 101, 75 and 45 miles. "The enthusiasm they applied to their tasks is really what stood out to me and the cornerstone of the success of the event," he said.

Perfect weather, consisting of heavy morning overcast with afternoon temps in the 70's, aided the riders who headed into the mountains for the more difficult routes, while the 45-mile riders enjoyed continuous cool weather along the coast.

John Amirault of San Jose's ACTC called the Swanton Loop ride "perfect for people doing their first organized ride." Arianna Lew of Santa Rosa, who was 4.5 months pregnant, said the 45-miler delighted her with its "amazing views, coastal hills and challenging climb back to UCSC."

Larry Dick of Royal Oaks rode the 75-mile route, praising both the weather and the clear road signs. "The weather didn't warm up until the top of Alba and I never had to read my route sheet," said Dick. "The signage was beyond excellent!"



Mountains Challenge riders at the top of Alba Road!

Alba Road, a steep 4.5 mile climb from Highway 9 to Empire Grade, was "never ending" for Alec Erb, 17, of Spokane, WA. "The 75-miler was fun and I would love to do it again," he said.

Chris Kruss came from Truckee, CA to ride the 135-mile route, saying he loved its diversity "The redwoods, the open space and the uncrowded roads are such a nice change from the Tahoe Area, where road biking is more limited."

Gilles Bouchard of Los Altos said he appreciated the excellent route markings for the 135-mile route, especially since he got lost on the same route two years ago!

Bill Preucel of Palo Alto, a finisher of the 100-mile route, gave a more aesthetic opinion of his day. "I like the rural features of the event because it allows me to go back in time in California. I like slower things."

Ed Bredthauer of Monterey Velo Bike Club is recovering from a bike crash on Smith Grade. Bredthauer is in a long-term care facility in San Leandro.



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### Bike skills class coming Sept. 10

Bike Skills 101, a four-hour clinic, begins at 10 a.m. Sunday, Sept. 10 in the back parking lot of County Health Services (Emeline and Plymouth). Cost to members is \$55. Registration (at [www.santacruzcycl.org](http://www.santacruzcycl.org)) closes on Aug. 30. Skills include riding with no hands, emergency stops, looking behind while holding one's line and how to steer and counter steer. Instructor is Lori Lee Lown of Savy Bike.

**THURSDAY, OCT. 26TH**

**SCCCC MEETING**

**7 P.M. SIMPKINS SWIM CENTER  
979 17TH AVENUE**

## Jackie, Tony involved in stealth operation on final day of Tour de France

During this year's Tour de France (TDF), the country remained in a state of emergency, on high alert due to possible terror attack. Two teams of Special Forces, one helicopter, embedded troops and 23,000 French police protected the racers and the general public during the three and a half week bicycle race.

Paris was awash with 6'6" buffed gardeners idling along the banks of the Seine, their eyes missing nothing. "Carry on living in the face of terror," counseled the race director.

Into this scenario dropped two Team



actual TDF course in Paris were advised to "start early, find a quiet spot along the barriers, throw their bikes over the rails onto the TDF course and ride like hell."

Following instructions, the Team Santa

Cruz bicyclists fresh off the boat from a peaceful Normandy to Paris cycling/cruise tour. Per the tour guide's advice, those adventurous clients who wished to ride their bikes on the

Cruz duo slipped through the barriers in the early morning hours, speeding along the official race route on rented French bikes. To their surprise, they completed one circuit of the Arc de Triomphe and the full length of the magnificent Champs-Elysees before ending their escapade with two quick circuits around the spacious Place de la Concorde.

The interlopers heard no gunshots or sirens. Rather, they experienced waves and cheers from both gendarmes and early morning volunteers. Vive la France! Vive Santa Cruz!

—Jackie Rall

## Club shorts: Pogonip's historical clubhouse



Ranger Jackson (center) meets with Tuesday lite riders in front of Pogonip's historical clubhouse on Aug. 15

**R**ichard Bedal, who likes Santa Cruz history, took the Tuesday, Aug. 15 lite riders up Golf Club Drive on a paved road through Pogonip to its clubhouse, where they met with a city park ranger for a brief talk. The Pogonip Clubhouse was originally built for a golf course at the site, but its use has varied over the years, including as a site for the filming of the movie "Lost Boys."

During World War II, it was used to train a women's mounted corps for the Red Cross. In the 1930's, Pogonip had polo grounds that served as headquarters for the first US Women's Polo Association. Controversial at the time, it sponsored coed polo matches. Today's clubhouse is closed to the public because of safety concerns, but the park has 11.5 miles of trails, three of which are multi-use, open to hikers, bicyclists and equestrians.

One final fact. **The Homeless Garden Project** on Shaffer Road has started a \$2.65 million fundraising effort, with the goal of establishing

Pogonip Farm by 2019. Covering 10 acres, the farm will be located downhill from the Clubhouse.

**Chris Zemny** and **Susan Kent** give "special kudos and thanks" to the recent **Cycling for Starters graduates!** (bottom photo) They completed a rigorous six-week class that included three D-level rides. They took to the hills like heroes! Thanks also to **Jack Johnson** who helped out. Next Cycling for Starters will be held in **January 2018**, as well as in **June and July, 2018**.

Club member, **Susan Rosenthal**, will be riding her bike on a tour of the Pacific Coast starting Sept. 12, in Anacortes, WA., arriving Oct. 20 in Ventura, CA. The tour averages 54 miles per day, with one rest day per week. It is sponsored by Woman Tours ([womantours.com](http://womantours.com))

On Friday, Oct. 13, Susan invites all female SCCCC members to enjoy refreshments and pot luck hors d'oeuvres with her and other tour members at a Santa Cruz hotel (details to be announced). So, ladies, mark your calendars! This is Susan's fourth cross country bike tour in the last eight years!

**Mayor Bill de Blasio** has announced that bicycling in New York City is growing faster than the population — he plans to build 10 miles of protected bike lanes, plus another 40 miles of other bike infrastructure, to hold all those new cyclists.



**THE ROADRUNNER** is the official newsletter of **THE SANTA CRUZ COUNTY CYCLING CLUB**. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or [www.santacruzcyclings.org](http://www.santacruzcyclings.org)

**THE SANTA CRUZ COUNTY CYCLING CLUB** is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club's mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club's educational activities.

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The 2017 Santa Cruz Mountains Challenge was a wonderful success, generating strong revenue, nearly \$40,000 compared to about \$33,000 last year. We had 435 paid registrations as well as lots of sponsors and volunteers riding. Registration was on par with 2016. The revenue increase was possible due to cash sponsorships procured by Maura Noel. (Every year we have wonderful sponsors donating services and goods but it has made a huge difference to have cash sponsorships, including our lead sponsor Current EBikes. Additionally, Marilyn Marzell and Peter Jones secured sponsors such as Verve Coffee Roasters and returning sponsor Eric's Deli.) This increase in revenue boosts our 2018 grants budget as well as our safety and education programs. Please patronize our sponsors who are listed at <http://santacruzmountainschallenge.com>.

com.

Another huge thank you to our 150 volunteers and team captains. We consistently hear from our riders how much they love and appreciate you. You are an army of experienced cyclists who know how to deliver the best support, sustenance and encouragement to the amazing riders that tackle our routes! Finally, a huge thank you to Skippy Givens who took on the big job of SCMC director this year. Congratulations Skippy on putting together an outstanding event!

A shout out to members who may need new gear. SCMC and SCCCC jerseys are for sale online at <http://santacruzmountainschallenge.com/clothing>. Also available are socks,



T-Shirts, cycling caps and hoorags/buffs available for purchase at club events such as the upcoming Pizza & Pie Ride, the Oct. 26th SCCCC Meeting and the holiday party. The Oct. 26 meeting includes a silent auction and swap meet, with the latter starting at 6:30 p.m.

Finally, I will be leading the Sep. 9th Big Sur Without Cars ride. Several club members have previewed the route so we'll have instructions and tips to prepare you for this rare opportunity.

Let's put on our club jerseys and Go Ride Bikes!

—CATHERINE VANRHEE, SCCCC PRESIDENT

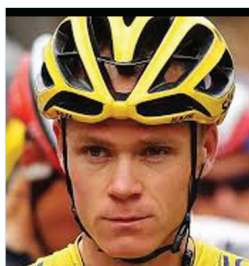
### Radical Reels comes to Rio Theatre

Radical Reels is dropping in at the Rio Theatre at 7 p.m. Sept. 22<sup>nd</sup>. Bike tough trails, paddle wild waters, ski steep slopes! For tickets visit [riotheatre.com](http://riotheatre.com).

## "Froome" may be best Tour de France winner in event's history

The French capital was in lockdown on the final Sunday stage for this year's

Tour de France, with extra rings of security around the Champs Élysées, which had been



turned into a vast sterile zone. Lockdown might well serve as a metaphor for the Tour as a whole, given the way the overall battle panned out. As soon as Sky rider Geraint Thomas won the opening time trial, the Sky train ground out the pace for kilometer after kilometer on the front, up hill and down dale, at times lining out the entire race when on paper it was not strictly necessary. They were riding in support of Chris Froome.

Chris Froome—nicknamed "Froome"—may be the most underrated superstar athlete in the world. (photo) His victory was the fourth

time he has finished with the yellow jersey. (Had he not been assigned the task of supporting Bradley Wiggins as his super domestique in 2012 he likely would have won that race also.)

"Froome" is a champion who demonstrates versatility and grit, if not charisma/popularity. At least that's what the French press thinks, criticizing his methodical approach as "accountancy on wheels." Or, to paraphrase one paper, he "hoarded seconds like supermarket discount coupons."

Columbian climber Rigoberto Uran came in second and the French all-rounder Romain Bardet took third. (The last time a French rider won was in 1985 when the legendary Bernard Hinault earned his fifth yellow jersey.)

Three American riders rode the Tour: Nathan Brown (43<sup>rd</sup>), Andrew Talansky (49<sup>th</sup>) and Taylor Phinney (159<sup>th</sup>). Former Tour of California winner, Peter Sagan, was disqualified for elbowing another rider during a fierce finish line sprint.

Interestingly Eurosport broadcast 172

hours of live coverage of the 21 stages without once mentioning Lance Armstrong. It was as if he never existed.

A few "Froome" facts: He was born in Kenya and grew up there and in South Africa. He has ridden under a British license since 2008. Although he won the race, he did not win a single stage. He rode with asymmetrical chain rings. He is an ambassador of the United for Wildlife conservation project.

—HOWARD BURMAN

### Vision Zero organizes forum



L to r: Lynn Lauridsen, Leah Shahum (guest speaker), Sarah Harmon, Theresia Rogerson, and Rita Allyn of Santa Cruz County Health Services staged a Vision Zero Forum for about 30 safety-conscious people on June 29 at Simpkins Swim Center. Vision Zero places emphasis on unsafe speeding and improper turns as major causes of bike/ped injuries and deaths. Shahum is founder and director of Vision Zero, San Francisco, which boasts 10,000 members.



# Volunteers: 'heart and soul' of SCCCC annual fundraiser



Left photo, l to r: Maura Noel, Jack Johnson, Bill McBride, Paul McDonald and Steve Walker; right photo, l to r: Pat Dennehy, Tim O'Connor, Heidi Fraser and Paula Berman



Leonard Foreman



Bruce Dahl



Mary Maier, left and Margo Hober



Aven Switzer



Hank Miles



Peter Jones



Catherine vanRhee



Richard Burton



Ric Eiserling



Left photo, l to r: Lisa Beaudreau, Paula Barsamian, Chris Zemny and Paula Bradley, center photo: Ginger Anderson, Deb Berardo and Gregg Switzer, right photo: Mike Farmer (left) and Ron Olson.



# Helping out at registration, lunch and coastal rest stops



Left photo, l to r: Rocky Troth, Steve Troth and Skippy Givens; right photo, l to r: Delma Fennell, Tina Ensign, Michelle and Linville Lee, Susan Dayoc and Earl Rosenbraugh.



Susan Rosenthal



John Armstrong



Cari Gomar



Left to right: Jeff Brody, Jim Denton, Howard Unkeles and Trish Cernac



L to r: Karen Burman, Linda Halloran, Petronella van Dam, Cliff Barrett, Betsy Schwartz, David and Jeanni Kadotani; Kathy Frank and Tom Mattinson; right, Mike Harrison



Howard Burman and Jackie Rall

Greyhound Rock crew, l to r: Debby Joyce and Jim Kleck, David Lawrence, Tim Thomas and Marianne Benforado



## Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. B Rides are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; A Rides are for experienced riders looking for a challenge. These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

**Tuesday ride:** Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available. On the 2nd and 4th Tuesdays, meet at parking lot by the entrance to Nisene Marks Park, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: Ralph Edwards at [rhedwardsiii@gmail.com](mailto:rhedwardsiii@gmail.com). "Lite" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride. New C/D rides on Mondays and Thursdays on club calendar at [www.santacruzcycling.org](http://www.santacruzcycling.org).

**Saturday, September 2** A/B Rides  
**Gazos Creek, San Gregorio, Alpine**  
 9 a.m. at Gazos Creek / Hwy 1; A=60 mi/6000'; B=42 mi/3500'  
**John Marshall**.....419-8719

**Saturday, September 2** C Ride  
**Hazel Dell, Gizdich Ranch**  
 10 a.m. start at Ann Soldo School. 30 mi/1,151'  
**Petronella van Dam**.....831 454-6010

**Saturday, September 9** A/B Rides  
**Big Sur Without Cars**  
 8 a.m. start from Pfeiffer Big Sur State Park; A=65mi/6500'; B=30 mi/3000'  
**Catherine vanRhee & Dennis Harvey**.....408-219-8626

**Saturday, September 9th** C Ride  
**Sand City to Pebble Beach**  
 10 a.m. start at Starbucks; 33.9 mi/1310'  
**Bill McBride**.....831 239-6081

**Saturday September 16** A/B Rides  
**Bohlman, Montevina, Bear Creek Loop**  
 9 a.m. at Johnnie's Market; A=43 mi/6000'; B=35 mi/3000'  
**Jeff Totten**.....831-465-4468

**Saturday, September 16th** C Ride  
**Gilroy to Morgan Hill via Uvas**  
 10 a.m. start at Gilroy Sports Park; 34.2 mi/1177'  
**Petronella van Dam**.....831 454-601

**Saturday, September 23.** A/B Rides  
**Zayante, Bear Creek, Big Basin (Jamison optional)**  
 9 a.m. start at Felton Fair Shopping Center; A= 59mi./5300'  
 B=34 mi./3000'; A+ Jamison option: 61 mi./6700'  
**Ron Parrish & Catherine vanRhee**.... 831.345.8045

**Saturday, September 23rd** C Ride  
**Larkin Valley, San Andreas, Vega, Gizdich**  
 10 a.m. start at Ann Soldo School; 35 mi/1200'  
**Joe Kelly**..... 831 234-1977

**Saturday, September 30** A/B Rides  
**Pebble Beach**  
 10 a.m. start at Pezzini's; Both A/B rides=49 mi/2,930'  
**Skippy Givens**.....831-332-2977

**Saturday, September 30th** C Ride  
**Aptos to Sunset State Beach**  
 10 a.m. start from KFC; 27.6 mi/1790'  
**JT Hart**.....831 234-7726

**Saturday, October 7** A/B Rides  
**East Bay Hills**  
 9 a.m. start at Lafayette BART station; A=60mi/5,500'; B=45 mi/3,500'  
**Claire Northall**.....925-421-5334

**Saturday, October 7th** C Ride  
**San Francisco Fleet Week**  
 Ride leader will email details; 21 mi/1020'  
**Paula Bradley**.....831 345-5482

**Saturday, October 14.** A/B Rides  
**Headin' for the Hills**  
 9 a.m. start at Felton Fair Shopping Center; A=59mi./6150'; B=31mi./2840'  
**Peter Jones** .....831-234-5555

**Saturday, October 14th** C Ride  
**TBD**  
 Starts at 10 a.m. Location to be decided.  
**Jack Johnson**.....831 359-2501

**Saturday, October 21 A/B Rides**  
**Scott's Valley to Montevina/Lexington**  
 9 a.m. start at Scott's Valley Transit Center; A=43 mi/ 5860'; B=34 mi/3600'  
**Chris Boman**.....831-205-9380





Left photo: L to r: Ben Guyer, Paul Edwards, Steve Moody and Chris Guyer (Chris is from Pasadena); center photo: Susan Kent; right photo, l to r: Chris Boman and Jeff Totten

## Starts for Monday rides for Sept/Oct range from Aromas to 17-Mile Drive

**Monday September 4 (Labor Day) Monterey Trail**  
 10 a.m. start at Walmart Parking lot, Marina; 30 mi/ 1090'  
<https://ridewithgps.com/routes/18900475>  
 Chris Zemny.....408-892-5585

**Monday September 11 Strawberry Hill Up and Down**  
 10 a.m. start at West Marine; 31.8 mi/ 1249' <https://ridewithgps.com/routes/23657229>  
 Chris Zemny.....408-892-5585

## More Saturday rides (continued)

**Saturday, October 21st C Ride**  
**Marina to Pacific Grove**  
 10 a.m. start from Walmart; 30.9 mi/1196'  
 David and Jeanni Kadotani.....831 588-3561

**Saturday, October 28 A/B Rides**  
**Pescadero to Half Moon Bay**  
 9 a.m. start from parking lot; A=56 mi/5,300'; B=43mi/3,400';  
 lunch at San Benito Hotel  
 Grace Voss.....831-247-8878

**Saturday, October 28th C Ride**  
**Cienega Wine Loop**  
 10 a.m. start at Target; 32.8 mi/1551'  
 JT Hart.....831 234-7726

**Saturday, November 4 A/B Rides**  
**Fort Ord's Car-Free Roads**  
 10 a.m. start from Pezzini's; A=52 mi./3411'; B=35 mi./2043'  
 C-riders welcome to join B ride!  
 Ric Eiserling.....831-475-5397

**Saturday, November 4<sup>th</sup> C Ride**  
**Gazos Creek, Pescadero, San Gregorio Loop**  
 10 a.m. start at Gazos Creek State Beach; 29 mi/1755'  
 Marilyn Marzell.....831345-0567

**Monday September 18 Watsonville to Sunset Beach**  
 10 a.m. start from Ann Soldo School; 32 mi/ 806' <https://ridewithgps.com/routes/6893816>  
 Randi DiCicco.....831-332-9311

**Monday September 25 Cienega Wine Trail**  
**10 a.m. start at Ridgemark Golf Course**  
 30.5 mi/ 1555' <https://ridewithgps.com/routes/11909298>  
 Chris Zemny.....408-892-5585

**Monday October 2 Monterey Trail**  
 10 a.m. start at Walmart, Marina; 30 mi/ 1090' <https://ridewithgps.com/routes/18900475>  
 Linda Havens.....831-207-0319

**Monday October 9 Margarita Ride - Seascape to Gizdich**  
 10 a.m. start at Seascape Sports Center; 31.8 mi/ 1247' <https://ridewithgps.com/routes/14814634>  
 Brian Treece.....510-506-3584

**Monday October 16 Aromas, Trafton, Vega**  
 10 a.m. start at Aromas School; 33.3 mi/ 950' <https://ridewithgps.com/routes/16043132>  
 Chris Zemny.....408-892-5585

**Monday, October 23 Monterey to Pt. Lobos/17 Mile Drive**  
<https://ridewithgps.com/routes/23849262>  
 10 a.m. start at Asilomar Drive/Del Monte; 33.2 mi/1614 ft. ;  
 Lunch at Pebble Beach Market  
 Chris Zemny.....408-892-5585

**Monday, October 30 Gilroy to Uvas Dam**  
 10 a.m. start; Gilroy Sports Center 5925 Monterey Frontage Rd,  
 Gilroy; 35 mi/1266' <https://ridewithgps.com/routes/23659214>  
 Chris Zemny.....408-892-5585



HELMET FIT :  
 LEFT-CORRECT;  
 RIGHT-INCORRECT



# Green means bicycle safety

*Green, Green*, a song made famous by the 1960's folk music group The Christy Minstrels, describes some of the bicycle safety projects which were installed recently, both downtown and in the Seabright neighborhood.

The new green Pacific Avenue "Contraflow Bike Lane" between Church and Cathcart streets opened June 27 with Mayor Cynthia Chase helping to cut the ribbon. This green lane with a yellow line down the middle signifies two-way bicycle travel adjacent to northbound traffic. Contraflow lane bicyclists must stop at stop signs and for pedestrians crossing the street, whether in a pedestrian crosswalk or not. (Since the opening of the Contraflow Lane, some bicyclists have ignored this rule of the road!)

The city received a \$47,000 state grant for the project, and Jim Burr, transportation manager, hopes it will help Santa Cruz meet its 2020 goal of 12% of residents biking to work.

Tips for bicyclists in the Contraflow Lane include:

- Always ride on the correct side of the yellow line, in the same direction as the bike lane or sharrow markings;
- Pedestrians have the right of way. In the crosswalk or not, people on bikes are required to yield to pedestrians. Stop at all stop signs, and leave crosswalks clear for pedestrians by stopping behind the line;
- Watch out for passengers in parked cars who may be opening their car doors.

## Bike safety guru Pete Pearson comments on flaws of new contraflow lane

I am not a fan of the new Contraflow Bike Lane on Pacific Avenue, and here's why. The California Vehicle Code is the law, based on proven safety measures for autos, trucks, bicyclists and pedestrians. State law requires that bicyclists travel the same direction as vehicles on one-way streets. The logic is simple. Traveling in the same direction helps everyone anticipate the others' move. It also allows the bicyclist to see a (larger) rear turn signal. Motorists are more likely to see the bicyclist in their rear view mirrors and reappraise the situation before making a turn. However, local jurisdictions may supersede CA law with their own unique regulations.

Riding bikes downtown presented a

*L to r: Club locker organizers extraordinaire! L to r: Catherine van Rhee, Michael Burns, Petronella van Dam, Captain Bill McBride, Alan Eklof, Barb Meyer, Peter Jones, Dennis Harvey and Tina Ensign. Thanks to McBride's organizational skills, the post-SCMC housekeeping was quick and not too difficult!*



Left to right: Amelia Conlen, Eric Friedrich, Mayor Cynthia Chase and Casey Coonerty Protti at ribbon cutting for new Contraflow Bike Lane on Pacific Avenue..



SCCCC member Riccardo Rouillard enjoys opening day on Pacific Avenue's new Contraflow Bike Lane.

The first-ever green Bike Box has been painted onto the Seabright pavement at its intersection with Soquel Avenue. The box allows bicyclists to travel from the bike lane into the bike box ahead of traffic stopped for a red light, remaining there until the light turns green. When the signal turns green, bicyclists may turn either left or right onto Soquel, or proceed straight through the intersection, using the bike box to remain ahead of and in full view of motorists.

Bicyclists should use hand signals to alert drivers which way they are proceeding, and motorists should not enter the bike box when the signal is red. Striped green bicycle lanes have been extended on Broadway, appearing on the west side of Seabright at busy intersections. They are an extension of the striped green lanes on Broadway near Riverside and Ocean.



Club members enjoy opening day ride on new Contraflow Lane

number of hazards before the Contraflow Lane. Pedestrians jaywalk in midblock. Novice bicyclists may travel in the wrong direction. Cars may pull out suddenly

from parking spaces adjacent to the lane. At night the bicyclist may be blinded by a car's headlights.

West Cliff Drive's Esplanade and Pleasure Point's one-way car lane present similar issues. When returning from Capitola along its esplanade, use a bike bell if on the path

and use caution, calling out "On your left!" when passing. I suggest road bicyclists use the street adjoining multi-use paths at both Pleasure Point and West Cliff Drive. Wear bright, even florescent, clothing, when on the bike!

—PETE PEARSON

### Thank you to SCCC ride leaders

Chris Zemny (20), Susan Kent (8), Randi DiCicci (2), Jack Johnson (5), Ric Eiserling (2), Bill McBride (2), Richard Burton, Joe Kelly, Catherine vanRhee, Steve Williams, Paul McDonald, David/Jeani Kadotani, Tom Pennello, Skippy Givens (4), Kathy Frank, Tom Mattinson, JT Hart (2), Chris Boman, Grace Voss, Larry Tierney (2), Michael Harrison, Bruce Dau (2) Paula Barsamian, Debby Joyce, Jim Kleck, Lilly Ann Popken (2), Richard Bedal (2), Peggy Seltz and David Lawrence/Marianne Benforado.



# Jim Langley offers a historical view of bicycle's birthday

The year 2017 is the bicycle's 200th birthday, even though historians aren't sure which bicycle came first! Some folks say bike #1 was made by a German, Baron Karl Drais, in 1817. But not everyone agrees that what Drais built was a bicycle since it had two wheels inline, but no pedals or drive mechanism. Instead it was propelled by foot, Fred Flintstone-style.

In 1866 the first pedal-driven bicycle patent was granted in the US to visiting French inventor Pierre Lallement, and I see his as the first bicycle and 2017 as its 151st birthday, still quite respectable.

Also in 1866 the City of Santa Cruz became a hotbed of cycling with the advent of the Victor Light Roadster highwheel bicycle (photo). Built in 1886 by the Overman Wheel Company of Chicopee, MA, it looks impossible to ride, yet it was the most popular bicycle from the 1870's to 1890. So popular, in fact, it was called the "Ordinary."

My Victor bike's full history has a local connection. It was found and purchased at the Moss Landing Flea Market by the late bike book author Tom Cuthbertson, in the mid to late 1970's. (Tom wrote the best-selling, influential *Anybody's Bike Book*.)

Eventually Tom sold his Victor Ordinary to Roger Sands, founder of The Bicycle Center (now Cycle Works) under the condition that he could take it out for rides.

I don't know if Roger ever rode the bike, but, he made good use of it in his marketing, and it hung prominently in the



Langley and his Victor Ordinary at SCCCC meeting, 2011

corner of the store. While working at the Bicycle Center in 1980, I remember Tom coming in, lifting the highwheel down from its hook, then taking it outside for a left turn from Trescony Street onto Mission. Towering over the cars, he went hurtling down Laurel Street!

A few years later, I bought the bike, but just barely. I told Roger on my first day of work that if he ever decided to sell the bike I'd buy it, and he agreed to give me first shot at it. So, one day, as I arrived at work, I was pretty upset to see a stranger loading the bike into his pickup.

I ran into the shop to get Roger, who admitted he had sold the bike for \$2,000. I said, "But you promised it to me!" Roger replied, "Well, you don't have \$2,000, do you?" That was true. But I told Roger to

take it out of my pay. And that was enough for him to give the guy his money back and me the bike. My lucky day.

The highwheel was missing its beautiful leather saddle, crank arms and pedals. So I hired an antique bicycle machinist to make copies of the parts. I did the mechanical work on the 56-inch diameter front wheel. The 80 spokes had rusted, and it took weeks of heating and applying penetrant before I could take the wheel apart.

In the 30 years I've owned this amazing antique, we've had some adventures. In 1986 when the bike turned 100 years old, we had a birthday party for it. In 1990, I took it to Scotland in a giant box to ride a century at an antique bike festival. The event lasted 15 hours because we kept getting lost, riding up to 130 miles! I've even raced it, winning the Albany Highwheel Criterium and Stanford Mile. In 2005 I rode it for Tom's memorial bike ride. And, I've shown it to various bike clubs, including SCCCC.

People ask "How do you get on to ride it?" If you look closely, you will see a little peg—called a "step"—on the backbone above the rear wheel. That's the secret. You use the step to boost yourself up and into the saddle and off you go!

—JIM LANGLEY

(Editor's note: for an amusing story of Jim transporting the highwheel to Scotland, go to: <http://jimlangley.net/spin/wheeling.html>)



The annual Workers' Ride for volunteers of the Santa Cruz Mountains Challenge started from Gateway Plaza and included difficult and not-so-difficult options for club members. Ride leaders were Tom Pennello and Skippy Givens.



# Local bicycle shops

*These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.*

Another Bike Shop  
2361 Mission Street  
427-2232  
Open daily–10AM–6PM

The Bicycle Trip  
1001 Soquel Avenue  
427-2580  
Monday–Saturday–10AM–6PM  
Sunday–10AM–5PM

Bill's Bike Repair  
2826 Soquel Drive  
477-0511  
Open daily but call first!

Dave's Custom Bikes  
910–A Soquel Avenue  
423-8923  
Tuesday–Sunday–9AM–5PM

Family Cycling Center  
912 41st Avenue  
475-3883  
Monday–Saturday–10AM–6PM  
Sunday–10am–5pm

The Spokesman Bicycles  
231 Cathcart Street  
429-6062  
Monday–Saturday 10AM–6 P.M.  
Sunday–Noon–5PM

Cycle Works  
1420 Mission St.  
316-7671  
Monday–Friday 10AM–6PM  
Saturday–Sunday 9AM–6PM

Bike Station  
(New Location)  
3555 Clares St., Capitola 95010  
831-226-5050  
Monday–Friday–11AM–6PM  
Saturday–10AM–5PM  
Sunday–Appointment only

Scotts Valley Cycloport  
245 Mount Hermon Road  
Scotts Valley  
440-9070  
Tuesday–Thursday–10AM–6PM; Friday 10AM–7PM  
Saturday–10AM–6PM; Sunday–Noon–5PM

Watsonville Cyclery  
25 East 5th Street  
724-1646  
Monday–Saturday–11AM–6PM;  
Sunday–Noon–5PM

Epicenter Cycling  
Aptos Station, 8035 Soquel Dr. Suite 23  
662-8100  
Monday–Friday–11AM–7PM; Weekend–8AM–4PM

AND...

1730 Mission Street, Santa Cruz  
423-9000  
Monday–Friday 10AM–7PM; Weekend 9AM–6PM

Current eBikes  
131 Front Street, Suite D  
831-621-2309  
831-588-0936 (cell)  
[www.currentebikes.com](http://www.currentebikes.com)

*The Roadrunner* is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.

**831-234-4663**    [www.maverickmailing.com](http://www.maverickmailing.com)



**JOIN AND RENEW ONLINE at [www.santa cruz cycling.org/club](http://www.santa cruz cycling.org/club)**

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, [www.santacruz cycling.org](http://www.santacruz cycling.org) provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

Member First Name	*Member Family Name	*Member Contact Email
*Member Contact Telephone	Member Ride Cell Phone	___New Member ___Renewal Member ___Include on Printed Roster ___Add to SCCCC Email list
2nd Member First Name	2nd Member Family Name and Email	One Year Memberships ___Individual \$25 ___\$30 for RR Mail* ___Family \$35 ___\$40 for RR Mail* ___Junior \$10 ___\$15 for RR Mail*
2nd Member Contact Telephone	2nd Member Cell Phone	Three-Year Memberships ___Individual \$60 ___\$75 for RR Mail* ___Family \$90 ___\$105 for RR Mail*

\*Street Address

\*City

\*State

\*Zip

\*Roadrunner Newsletter delivered by US Mail

## League of American Bicyclists (LAB)

## Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Signature of Applicant

Date

Signature(s) of additional family members 18 years or older

Date

Please complete the following for any minor (18-year-old) family members:

## Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$\_\_\_\_\_ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342



# September—October, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday 1	Saturday 2 Club Ride
3	4 <i>C ride/Marina</i>	5 Club Ride GP	6	7 Gizdich ride 10 a.m. Corralitos	8	9 Club Ride
10 Go for a bike ride!	11 <i>C ride/West Marina</i>	12 Club Ride KFC	13	14 Gizdich ride 7 p.m. SCCCC board	15	16 Club Ride
17	18 <i>C ride/Watsonville</i>	19 Club Ride GP	20	21 Gizdich ride 10 a.m. Corralitos	22	23 Club Ride
24	25 <i>C ride/Hollister</i>	26 Club Ride KFC	27	28 Gizdich ride 10 a.m. Corralitos	29	30 Club Ride
1	2 <i>C ride/Marina</i>	3 Club Ride GP	4 Be a bicycling ambassador	5 Gizdich ride 10 a.m. Corralitos	6	7 Club Ride
8 Go for a bike ride!	9 <i>C ride/Seascape</i>	10 Club Ride KFC	11	12 Gizdich ride 10 a.m. Corralitos	13	14 Club Ride
15	16 <i>C ride/Aromas</i>	17 Club Ride GP	18 Clean your bike	19 Gizdich ride 10 a.m. Corralitos	20	21 Club Ride
22 Clean your bike!	23 <i>C ride/Monterey</i>	24 Club Ride KFC	25	26 7 p.m. SCCCC meeting; Simpkins	27	28 Club Ride
29	30 <i>C ride/Gilroy</i>	31 <i>Leader's choice</i>			GP is Gateway Plaza	KFC is at Rancho del Mar /Aptos

Santa Cruz County Cycling Club Membership Card  
www.santacruzcountycycling.org (Valid only with member's mailing label.)



SCCCC  
PO Box 8342  
Santa Cruz, CA  
95061-8342