

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

Electric bicycles succeed with lots of riders

At least seven bike club members ride them. Santa Cruz is allocating 20 of them to each of its 25 new Bike Share stations starting in March. And 152,000 of them were sold in the US last year, an impressive figure until you compare it to the five million sold in Europe and almost 33 million in the Asia Pacific region last year!

What are they? They're ebikes, aka "Pedelec" or pedal electric-assisted bikes. Mike Ahern, 57, who owns Current eBikes, located on Front Street across from Kaiser Arena, says he has experienced a "very robust increase in both sales and rentals" since he opened his shop last year. Ahern says sales are his big draw, with customers choosing from six different brands made in the US and abroad. (Average cost ranges from \$2,500 to \$4,500 and includes lifetime maintenance.)

Why don't ebike sales match the popularity of their European or Asian counterparts? One reason is patchwork legislation from state to state governing



L to r: Sharon Curtaz, Sue Matsui and Mary Meier

what types of bikes are allowed in bike lanes and off road paths. California has lead the way by legislating three classes of ebikes, with Class 1 and 2 (20 mph max) allowed in bike lanes and off road, while Class 3 (28 mph) bikes are allowed in bike lanes but not on off road paths.

While many commuters have bought ebikes because they allow commuting to work or school without too much sweat (the power assist kicks in on uphill), bike club members who ride for recreation have different takes on the value of their ebike. (CONTINUE ON P. 5)

Riveting French film on Tour de France never loses its sense of humor

The riveting 2013 documentary film *Le Ride* played to a sold-out audience at the Regal Theater in Santa Cruz a few weeks ago, and what a cycling adventure it was! *Le Ride* retraced the 1928 Tour de France where a four-person team, three men from Australia and one from New Zealand, participated in what is considered to be the toughest sporting event in the world. These four men were undertrained and under-resourced, yet incredibly determined.

The race was designed to eliminate as many riders as possible: roads were unpaved, and the bicycles were made of steel with no gears. Only 41 of the 168 riders finished. Most of the other teams

were comprised of the world's most elite cyclists, in teams of 10. The race took 26 days to complete, with an average of 150 miles ridden per day. Some days, they rode for 20 straight hours.

Phil Keoghan, host of *The Amazing Race*, and his riding partner Ben Cornell, decided to recreate the 1928 Tour de France using period bicycles (it took three years for Phil to find similar bikes.) The film included many historic photos and fascinating footage of the original ride, as it paralleled with Phil and Ben's experience. The scenery was spectacular, especially through the Alps and the Pyrenees. It was gripping to watch both men become physically and mentally exhausted. Even so, they



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New Year's Day bike ride, brunch

Emilie Holder is hosting her traditional New Year's Day Brunch and Bike Ride on Jan. 1st starting from her house at 140 Corona Court, Watsonville. The ride begins at 10 a.m. but Emilie says come early for coffee and muffins. A pot luck brunch follows the ride. Be sure to RSVP at 831-206-3846 (call or text). Rain does not cancel. Rain?

never seemed to lose their insane sense of humor.

The 1928 team consisted of Percy Osborne, Hubert Opperman and Ernie Bainbridge from Australia, and Harry Watson from New Zealand. At the end of the film, we learned that all four men lived into their 90's! Keep on cycling, though maybe not 200 miles and 20,000 feet in *one day!*

You may stream the film online at Amazon (\$3.99) or on iTunes (\$20).

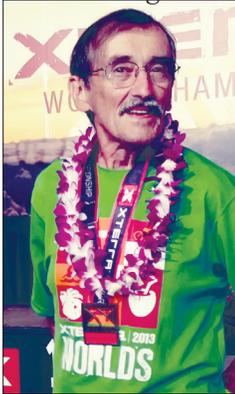
—DEBBY JOYCE

THURSDAY, JAN. 25TH
SCCC MEETING
7 P.M. SIMPKINS SWIM CENTER
979 17TH AVENUE

Club shorts: Don't try to win the Asphalt Award!

Judy Marsalis, Tuesday ride leader extraordinaire, is giving out a non-existent "Asphalt Award" to deserving bicyclists. All you have to do to be honored is wear dark clothing so you blend in with the pavement, making you invisible to those four-wheeled, 2,000+ pound vehicles traveling close behind you on narrow roads. Well, all kidding aside, Judy is really promoting bright colors in your choice of bike clothing, especially socks! Bike lights, both on the front and rear, also are among her priorities. Thanks Judy for reminding us NOT to win the Asphalt Award!

Congratulations to **Roger Kern**, (photo at right) 75, winner of his age group at the Xterra World



Championship Triathlon last fall in Maui. Roger swam a mile, rode his mountain bike 20.1 miles and ran 6.5 miles.

Kathy Ferraro reports that **The Banff Mountain Film Festival World Tour** has two programs this year. Both are coming to the Rio Theatre starting at 7 p.m. Feb. 22–25. Tickets available at **The Bike Trip and brownpapertickets.com**.

The Dec. 2nd "B" ride turned out to be a Good Samaritan ride! Heading down Vega Road towards Gizdich Ranch for lunch, a fully-loaded lady's purse was seen in the middle of the road. Upon inspection, the keys, phone, wallet (with cash) and driver's license with nearby home address were in the purse. Ride leader **Toby Ferguson and Isabelle Magnin** retrieved the purse and located the residence, although nobody was home. So they hid the purse, leaving a note explaining the circumstances. (Perhaps the owner put her purse on top of the car and drove off!) Nice effort, SCCCC riders!

Congratulations to **Susan Rosenthal** who recently completed her League Cycling Instructor training, joining the SCCCC Education Team of **Chris Zemny**,

Catherine van Rhee, Susan Kent and Leo Jed as LCI's.

SCCCC sends a BIG thank you to the following folks who have volunteered to be Tuesday and Saturday ride coordinators! They are: **Larry Tierney** (Tuesday A,B Rides), **Sharon Curtaz** (Tuesday Lite Rides); **John Armstrong** (Saturday A/B Rides) and **Joe Kelly** (Saturday C Rides). As always, stepping up and volunteering to lead your favorite ride makes life much easier for these folks!

CCE Board Member Craig Calfee recently organized a bike tour to Cuba. On the trip were **Walt Brown, Julie Kimball, Janet Rose, Leo Jed, Paula Barsamian and Tim Thomas**.

Bicyclists afraid of being struck by an opening car door can breathe a little easier – at least if they are passing a parked Audi A8. The new version of this luxury car includes ultrasonic radar sensors specifically designed to save passing cyclists from injury or possible death from so-called "dooring" incidents. These sensors can "see" traffic, including bicycles, approaching from the rear for up to three minutes after the engine has been turned off. (When a bicycle is approaching the Audi from behind, the driver will see red lights flashing on the door trim if he/she grabs the door handle at that time!) If the driver ignores the visual warning and continues to open the door, it simply locks, and the door cannot be opened until the cyclist, (or car or school bus) has breezed past.

And please give your personal thanks to the following superduper organizers of SCCCC's annual holiday party! They are: **Petronella van Dam, Bill McBride, Debby Joyce, Jim Kleck and Mike Heckel**. For the second year, in a row, club members enjoyed the ambience of the Felton Community Hall and an ambitious slide show of members on bikes during the past year, assembled by Mike. Actually thanks to all who brought food to accompany the variety of lasagne offerings from Zoccoli's Deli. This is an enormous undertaking, done well well by its organizing committee!

—RHODA BIKE



THE ROADRUNNER is the official newsletter of THE SANTA CRUZ COUNTY CYCLING CLUB. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or **www.santacruzcycling.org**

THE SANTA CRUZ COUNTY CYCLING CLUB is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club's mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club's educational activities.

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Hello Riders and welcome to 2018!!! Earlier last year I announced in *The Roadrunner* that we may need to raise our membership fee. When you take into account the three-year discount and credit card fees, the average annual fee is only \$20 per member, well short of our cost of \$28 per member.

What are the costs? They include social activities (\$8), insurance (\$6), education (\$5), newsletter (\$4), tax prep, website and other operating costs (\$5). At our January, 2018 board meeting we will vote to increase the fee by \$5 per year, effective 2019.

Please keep in mind that the membership fee has not changed in many, many years. Budget items that have increased over the years are insurance



and education costs. Insurance is a necessary evil but those education costs are an investment that is about to start paying off. In 2018, as a result of investing in LCI certifications, we will be offering more bicycling clinics than ever. Chris Zemny, education director, will elaborate on these plans.

Looking ahead, we have begun planning the 20th anniversary Santa Cruz Mountains Challenge (aka SCMC)! What do we do with the net proceeds from the event? We fund grants for bicycling education and safety projects

in our community. In 2018 we awarded grants to The Bike Church, UCSC's Student Bike Maintenance, Scotts Valley's Rolling School Bus, Watsonville Trips4Kids and Ecology Action's Bike Smart rodeos for fifth graders. In 2018 we will do even more. At our May and October general membership meetings we will schedule grant recipients to come and tell you about their projects.

Our next SCCCC general meeting takes place **Thursday, Jan. 25th**, and we encourage all members to attend. At this meeting we conduct important club business including the election of the board of directors, a review of 2017 financial results and 2018 budget, and the 2017 award for Member of the Year as well as recognition of our valuable ride leaders. OK, nuff of that.....Let's ride bikes

—CATHERINE VAN RHEE,
SCCCC PRESIDENT

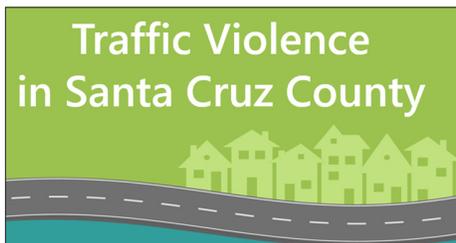
Sobering accident report lists rise in speeders

A new report on traffic mayhem in Santa Cruz County is available online thanks to County Health Services, and the results are sobering. Speeding, improper turning plus right of way violations and distracted driving are causing fatalities in the county, especially on frequently-traveled roads like Soquel Avenue/Drive. 2016 was an especially deadly year, with 24 deaths from traffic violence, costing the county \$500 million in damages. (About 13 people die annually in local accidents.)

This mayhem occurs on surprisingly few roads. From 2016 to 2017 more than half of all automobile crashes occurred on only 6% of county roadways.

For pedestrians, the City of Watsonville is a dangerous area to walk. Pedestrian deaths and serious injuries made up 46% of incidents in that city, compared to 2% of incidents countywide.

The online report, titled "The Impact of Traffic Violence on Santa Cruz County" is available at www.sctrfficsafety.org. It emphasizes a concept called Vision Zero and offers a "toolkit" of ways to prevent transportation-related deaths and injuries. This toolkit includes policies that prioritize



the prevention of traffic deaths and injuries and provides technical support and data to help secure funding for projects to prevent future deaths and injuries.

The City of Watsonville has officially adopted Vision Zero, a first step in obtaining grants from state agencies to reduce traffic mayhem. —GLIDE A. LONG

Sign up for a spring bike century!

The 41st annual **Tierra Bella** ride is on Saturday, April 14 starting at Gavilan College in Gilroy. <https://tierrabella.org/> The 29th annual **Strawberry Fields Forever** ride takes place Sunday, May 20, starting at Pajaro Valley High School. Routes are 30K, 30M and 100K. It is sponsored by Cyclists for Cultural Exchange which supports local and international programs like Hope International Project and Santa Cruz and Watsonville Open Streets. Go to <https://cyclistsforculturalexchange.redpodium.com/strawberry-fields-forever-xxviii>

Safety at start of ride!

Rancho del Mar Shopping Center in Aptos is a unique situation because bicyclists are faced with departing directly onto busy Soquel Drive after exiting the parking lot. When we have big turnouts for all rides, this means a lot of us are merging with Soquel traffic, an awkward situation, especially as the bike lane pretty much ends at that point. We need to remember that traffic has the right of way and we are responsible for merging safely with it! This means yielding to traffic and riding single file as we leave the parking lot.

Because so many riders often leave at once, I think we have a tendency towards a "critical mass" mentality. We need to get away from this way of thinking. It is not safe and does not exhibit courtesy towards others on the road, be they cars or other bicyclists. I suggest leaving the lot in smaller groups of six to eight riders to help mitigate this situation. Keeping the big picture in mind, it's always a good idea to ride single file when in town until reaching rural areas with less traffic. Let others know when you are passing on the left. Use hand signals (and your voice!) liberally when signaling for obstacles and stops. I signal whenever I make a turn, whether I think the person behind me knows the route or not.

—CHRIS BOMAN
SCCCC RIDES COORDINATOR

Bike Santa Cruz County awards for community activists



L to r: Felipe Hernandez and Janneke Strause, Julie Sinn and Karen Kefauver, Kymerly Lacross and Tawn Kennedy at annual "Wheelie" awards night

Watsonville City Councilman Felipe Hernandez, Karen Kefauver, writer of the Spin City column in *The Santa Cruz Sentinel* and Kymberly LaCross of Growing Greatness were winners of the Advocacy, Community-Building and Education "Wheelie" awards recently at Bike Santa Cruz County's annual awards dinner.

Hernandez, an avid BMX bike rider while growing up, recently helped his city obtain a \$618,000 Caltrans grant for bicycle safety infrastructure on Lincoln Street and Riverside Drive, as well as a \$250,000 Caltrans Planning Grant for safer bicycling and walking on Main Street. He advocated for a Vision Zero policy which was adopted recently by the city, and he is lobbying for a

2017 was a successful year for Ecology Action

Accomplishments abound for Ecology Action! Last year this do-it-all environmental company encouraged 14,500 people to ride bikes to work or school at two annual free breakfast days in May and October, while hosting 10 Bike Week events. During the rest of the year, EA provided hands-on bike safety training to nearly 4,000 students while teaching 260 of them how to ride a bike for the first time!

Local streets are becoming greener thanks to EA's advocacy of Proposition D funding. Bicyclists may now stand front and center at the busy intersection of Seabright Avenue and Soquel in a green Bike Box while waiting for the signal light to change. Likewise, the new Pacific Avenue Contra-Flow Bike Lane helps bicyclists legally ride southbound in the downtown area. Measure D funds have produced green striped lanes on Highway 1 ramps at locations like

pump track at Pinto Lake.

Karen Kefauver, winner of the Community-Building Award, has written the monthly "Spin City" column, focusing on bicycling accomplishments. She worked on the original steering committee for the city's famous Bike to Work Days.

Kymberly LaCross takes kids on mountain bike rides in the South County area and is the executive director of Growing Greatness, a youth leadership group. She has assisted with a Master Bike Plan for Watsonville as well as the city's Family Fitness Day.

Each category included two other notable candidates. Nominated in the Advocacy Category for her work at County Health Services was Vision Zero expert Theresia Rogerson for her efforts to promote bike/

the Bay/Porter intersection in Soquel.

Bicyclists and Riverwalk users are enjoying the new Branciforte Creek Bridge which closes the last hole in the San Lorenzo Riverwalk. Construction will start in 2018 for Phase 1 of Segment 7 of the rail trail, enhancing safety and providing convenience for bicyclists and pedestrians.

Santa Cruz is starting a bike share program for 250 bikes at over 25 hubs across town. These bright red bikes, some with pedal assist, may be checked out with a credit card at one station and returned at another station, making both bike commuting and recreational bicycling easier.

The United Corridors Study, an in-depth analysis of Soquel Avenue/Drive, Highway 1 and rail corridor improvement will enter its final phase, with opportunities for community members to provide input through focus groups.

pedestrian programs in Santa Cruz.

Rick Hyman, another Advocacy Nominee, has been a member of the influential Bicycle Advisory Committee for the Regional Transportation Commission since 1989. People who know say Rick "has more knowledge than anyone else on the bike committee", and he has also been called "Santa Cruz's Bicycle Historian."

Other Community-Building nominees were Maria Esther Rodriguez, "the fairy godmother of Watsonville" for planning its Open Streets events for the past two years.

Kirsten Liske, vice president of Ecology Action's community programs, is another Community-Building nominee. Having worked at EA since 1999, Kirsten is in charge of transportation, water and pollution prevention programs. She bikes to work regularly.

Patrick Alvidrez of Project Bike Trip and Earn-a-Bike Watsonville was a nominee in the Education category, as was Kira Ticus of Ecology Action's Bike Smart Program. Patrick teaches bike maintenance at Pajaro Valley High School and mentors students considering a career in the bike industry. Kira is EA's education program coordinator and wants to teach Bike Smart safety skills to every fifth grader in the county!

Bike Santa Cruz County's executive director Janneke Strause was mistress of ceremonies, ably assisted by Tawn Kennedy. Guest speaker was Shilo Ballard, who leads the Santa Clara Valley Bicycle Coalition. Ballard said her agency's biggest success in 2017 was lobbying San Mateo Transit (SAMTRANS) to re-examine an unused rail corridor between Palo Alto and Redwood City to accommodate bikes, trains and buses.

—GLIDE A. LONG

Stella's story shows value of sticking with bicycling goal

A year ago SCCCC member Judy Marsalis and I were roommates at an annual knitting retreat. We had a great time but when I told her the date of the 2017 retreat, she said, "Oh. Can't go. I'll be in Namibia with the bikers."

"Namibia? Where's that?" I replied. "Africa!" she said.

I had always wanted to go to Africa, so I filed her reply away in the back of my brain. Then, two months later, another biking friend, took me aside, gently saying, "Stella, I think you should learn to ride like an adult so you don't fall off so much. I'm taking that beginner's course with the cycling club this January and I think you would benefit." Well, I must admit, she had a point, and so I signed up for the class.

It rained that first day of class, so the group watched videos on how to ride in traffic in Richard Bedal's living room. However, at the end class, instructor Lilly Ann Popken said, "We're going to Africa in September. Does anyone else want to go?" Up shot my arm. ("Me, me, me!")

"OK," Lilly Ann said. If you do the following things, you should improve enough to go.: 1) Pass this class; 2) Ride at least three times a week on hilly terrain; 3) Participate in a weekly club ride.

SCCCC members tell how electric bikes assist with more than the hills

(CONTINUED FROM PAGE 1)

Experienced rider **Ed Kilduff**, 89, had stopped riding a bike altogether until he purchased his first ebike at Costco. Now he owns a second ebike, allowing him to zip up Hazel Dell Road and other hills. He rides a Lankeleis bike he bought from Amazon for \$900, enjoying its full suspension and wider tires. After eight months off the bike, Ed now says, "The hills are a piece of cake!"

Mary Meier bought her Emazing bike (\$1,500 from Pacific Cycles) for her husband, but she rides it more than he does, averaging 40 miles a week. She says she gets 50 miles of flat road riding on one battery charge, less on hilly routes. "I feel I have worked and exercised after a ride," Mary says.

Sharon Curtaz, SCCCC's new Tuesday lite ride coordinator, is riding a HaiBike from Current eBikes, saying it



I was determined to do just that and go to Namibia.

The first Cycling for Starters ride was to Wilder and I ran into Richard's bike, breaking his wheel and then I fell off my bike! Not an auspicious start. I didn't

know how to shift. Practice shifting on hills, I told myself. I rode four more times that week, mostly short-medium distances.

The second ride in the class was the (difficult for me) Ocean Street Extension. But Chris Zemny, gave me excellent pointers and told me when to shift to get up the hills. Then my handlebars came loose, slightly unnerving. Richard rescued me with his Allen Wrench. The next week was rainy, but somehow, I fit in rides and I started doing better on the Wilder hills.

I made it up to UCSC in another class, with Jack Johnson's help and by walking my bike four times. Somehow, I rode to Davenport, with help from Betsy Schwartz. (These people spent so much time and energy on me!) And I kept riding. Up and back from Wilder, West Cliff Drive, the levee, even the recumbent bike at the gym.

has helped her get "back in the saddle" after an illness. She rides 60-70 miles a week, not noticing the bike's 50 pound weight. "I am so happy being able to ride again," she says. "It's something I did not feel would ever happen."

Sue Matsui and her husband rode German-made Haibikes when they traveled in New Zealand last year and liked them so much they each bought one from Current eBikes at a cost of \$4,000 each. "They ride like a hybrid and are quite comfortable. I had to stop riding my road bike due to a back issue, so having an ebike with the upright position allows me to feel confident that I can get up any hill and go the distance. I plan on using the ebike for errands," reports Sue.

Bob Vorce, an avid do-it-yourself mechanic, took the electric battery from a less-than-satisfactory Walmart ebike,

By the end of March I completed the Monterey Graduation Ride and was planning for Namibia! I had my shots, my plane and hotel reservations and Judy was going to be my roommate. It was just the bicycling and my legs. Could I do it? I was so worried.

On March 29, I expanded my horizons by buying a bike rack for my car! A friend had invited me to Tahoe for a weekend of bike riding! After Tahoe came longer rides like Monterey, Seacliff Beach, South County, Scotts Valley and San Jose's Coyote Creek. By riding at least three rides a week, I not only had so much fun, I lost 20 pounds! I took the summer beginners' class with Chris Zemny and Susan Kent. More challenges. More fun.

By keeping a ride log, I realized that if I really tried, I could have 1,000 miles by the time I left for Namibia. On September 7, the day before departure, I hit 1,045 miles. I was thrilled!

Yes, I made it to Namibia, had a great time, and rode those challenging, bumpy and unpaved roads. Perseverance, practice, determination. Thank you to everyone who helped me accomplish a lifetime goal and start down the path to mastering a new, enjoyable activity.

—STELLA SEXMITH

which he bought for \$600, and installed it onto his Bike Friday. Bob reports he is now building his own batteries and hopes to have one finished soon. In the meantime, he "got to the Cement Plant and back on a recent Tuesday Ride with some power to spare."

While bicycle purists may never consider adding an ebike to their stable of high-powered carbon fiber bikes, ebikes are having an influence on bicycle commuting. In Santa Cruz, public agencies are taking note. At its December meeting, the Regional Transportation Commission's Board of Directors approve \$30,000 for Ecology Action's new "Every Day is Bike to Work Day" proposal.

It looks like electric-powered bikes are here to stay! If you are thinking of ways to power up your old beach cruiser, see Bob Vorce for details!

—GLIDE A. LONG

Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. B Rides are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; A Rides are for experienced riders looking for a challenge., These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

Tuesday ride: Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available.. On the 2nd and 4th Tuesdays, meet at parking lot by the entrance to Nisene Marks Park, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: Ralph Edwards at rhedwardsiii@gmail.com. "Lite" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride. New C/D rides on Mondays and Thursdays on club calendar at www.santacruzcycling.org.

Saturday, January 6	A/B Rides
Lockheed Gate via Bonny Doon, Empire Grade 9 a.m. start at Gateway; B=51mi./4,464'	
Ron Olson.....	408-218-3189
Saturday, January 6th	C Ride
Seaside via Fort Ord 10 a.m. start from Pezzini's; 34.5 mi/2051'	
Jim and Janet Starr.....	831 325-8465
Saturday, January 13th	A/B Rides
Eureka Canyon, Loma Prieta loop, Rodeo Gulch 10 a.m. start at Rancho Del Mar; A/B=58 mi/6,014'	
Dolan Mcelmurray.....	831-419-8352
Saturday January 13th	C Ride
Chitactac Park, Morgan Hill and Coyote Creek 10 a.m. start at Chitactac Park; 35.9 mi.1340'	
Paula Bradley.....	831 345-5482
Saturday, January 20th	A/B Rides
Pescadero to Half Moon Bay	

9 a.m. start at Pescadero; A=57 mi/5288', B=43 mi/3488'
Tom Mattinson...831-566-8247 / Kathy Frank...831-278-1784

Saturday January 20th	C Ride
Walmart Marina to Asilomar 10 a.m. start at Walmart Parking Lot; 32 mi/1030'	
Petronella van Dam	831 454-6010
Saturday, January 27th	A/B Rides
Rodeo Gulch-Valencia Figure 8 10:15 a.m. start at Dominican Hospital; A=37 mi/2,715', B=33 mi/2,111'	
Skippy Givens.....	831-332-2977
Saturday January 27th	C Ride
Aptos via E.Cliff, Freedom Start on Paul Sweet Road after CCE Breakfast. 24.6 mi/1351'	
Joe Kelly	831 234-1977
Saturday, February 3rd	A/B Rides
Paicines to Panoche Inn 9:30 a.m. start at Paicenes; A/B=55 mi/3,145'	
Richard Burton.....	408-540-4695
Saturday February 3rd	C Ride
Morgan Hill-Coyote Creek, via Bailey 10 a.m. start at Anderson Visitor Center, Morgan Hill; 28.5 mi/895'	
Jack Johnson	831 359-2501
Saturday, February 10th	A/B Rides
Gizdich Ranch via Hazel Dell, Mt. Madonna, San Andreas 9 a.m. start at Rancho Del Mar; A/B=60 mi/4,502'	
Chris Boman.....	831-800-4235
Saturday February 10th	C Ride
Royal Oaks 10 a.m. start at West Marine's Parking Lot, Watsonville; 30.8 mi/878'	
Bill McBride.....	831 239-6081
Saturday, February 17th	A/B Rides
Saratoga, Bohlman, Montevina, Bear Creek Loop 9 a.m. start in Boulder Creek; A/B=43.3 mi/6,013'	
Dan Hughes.....	925-640-5797
Saturday February 17th	C Ride
Sand City to Pebble Beach via 17-Mile Drive 10 a.m. start at Starbucks/Sand City Shopping Center	
Petronella van Dam.....	831 454-6010
Saturday, February 24th	A/B Rides
Eureka Canyon 9 a.m. start at Capitola Community Center; A=48 mi/4,200'; B=42 mi/3,350'	
Ron Olson.....	408 218-3189



Tuesday riders meet on a November morning at Gateway Plaza

Saturday February 24th C Ride
Sunset State Beach via Carlton, Vega
 10 a.m. start at Ann Soldo School, Watsonville; 32 mi/806'
 David Kadotani.....831 588-3561

Saturday, March 3rd A/B Rides
Lockheed Gate via Bonny Doon, Empire Grade
 9 a.m. start at Gateway Plaza; A/B=51 mi/4,464'
 Shahe Moutafian.....831-251-1663

Saturday March 3rd C Ride
Gilroy to Morgan Hill via Uvas
 10 a.m. start at Gilroy Sports Park; 34.2 mi/1178'
 Paula Bradley.....831 345-5482

Mondays with Chris (408-892-5585)

Monday, January 8th C Ride
Watsonville to Sunset Beach via Carlton/Vega
 10 a.m. start from Ann Soldo School, 1140 Menasco Dr.; 32 mi/806'

Monday, January 15th C Ride
Ft. Ord Frolic: 10 a.m. start from Pezzini's; 32.1 mi/1323'

Monday, January 22nd C Ride
Marina to Asilomar
 10 a.m. start from Walmart Parking lot, Marina; 30 mi/ 1090' or 44.5 miles/ 1773'
<https://ridewithgps.com/routes/18900475> or
<https://ridewithgps.com/routes/26488598>

Monday, January 29th C Ride
Royal Oaks Via Trafton, Vega, Carlton
 10 a.m. start from West Marine, 500 Westridge Dr., Watsonville; (park in back near the nature trail); 34.7 miles, 1022'

Monday, February 5th C Ride
Uvas Reservoir Loop
 10 a.m. start from Gilroy Sports Center, 5925 Monterey Frontage Rd, Gilroy; 35 mi/1266'

Bike safety tips from Pete Pearson

An inexpensive fix is available for all bicyclists for both day and night riding. "BeSafeBeSeen" is a company located at 1336 Brommer Street (Suite A-9) that offers three choices of light weight riding vests with LED 3 diode lighting in both front and rear. These vests slip over a jersey or jacket and are fully adjustable. My choice was a vest with four white lights in front and four on the backside. Another version gives you snap-lock straps, with key and phone holders built in to the lightweight, fluorescent material.

Another style has eight red blinking lights in the rear. Owner Steve Terrell currently has a kiosk at the Capitola Mall thru Dec. 25th. You may also choose a vest with left and right turn arrows or an LED lighted dog or cat collar for your pet.

One of the top 10 new products at Interbike 2017 was the Oakley ARO series of helmets. Oakley has worked a docking station into one of its helmets and its TT model comes with two face shields, one clear and the other tinted. Each of the three helmets features MIP's tech, a new "Y" strap guide and various levels of air flow cutouts between models.—PETE PEARSON

Monday, February 12th C Ride
Monterey to Point Lobos
 10 a.m. start from Asilomar Drive across from the Pacific Grove Municipal Golf Links; 33.2 mi/1614'

Monday, February 19th C Ride
Strawberry Hill Ride
 10 a.m. start from West Marine, 500 Westridge Dr., Watsonville (park in back parking lot near the nature trail); 32.4 mi/1239'

Monday, February 26th Adventure Ride
San Francisco Golden Gate Bridge and Paradise Loop
 11 a.m. start in Tiburon; 29.4 miles/ 1843' or 33 mi/2151'

Climate Ride 2018 deadline is Jan.5th

If you care about the environment and want to bike 300 miles of California's beautiful North Coast from May 20-24, 2018, sign up with **Bike Santa Cruz County's Climate Ride Team**. Participants must raise \$3,000 in pledges by May 11 to qualify. Camping/hotel options available. BSCC's goal is to raise \$30,000 to support safe bicycling in the county. Sign up by Jan. 5th and save \$50 on the \$100 registration fee: <https://support.climateride.org/index.cfm?fuseaction=donordrive.team&teamID=5733> or contact director@bikesantacruzcounty.org

Friendly ambience and no rain at this year's annual holiday party



Top row, l to r: Mike Heckel, Debby Joyce and Jim Kleck with Tina Ensign, Petronella van Dam and Bill McBride, Chris Boman and Paula Bradley.



L to r: Bart Coddington, Frank Pritchard, Betsey and Nelson Crandall, Bruce Dau, Ana Sarosiek, Stella Sexmith and Ron Cook.



L to r: Alan Eklof, Dave Dominguez, Chuck and Debbie Texeira, David Lawrence and Marianne Benforado, Jack Kellythorne, Jamie Jamieson.



L to r: Joyce Rollins, Marilyn Marzell, Greg and Aven Switzer, Jan and Leonard Foreman, Osman Isvan, Ric Eiserling.



L to r: Jan West and Mark Leitch, Jane and Toby Ferguson, Judy Marsalis and Bob Vorce, Mike Andalora and Heidi Fraser.

Food, fierce White Elephant Gift Exchange and fun at holiday party



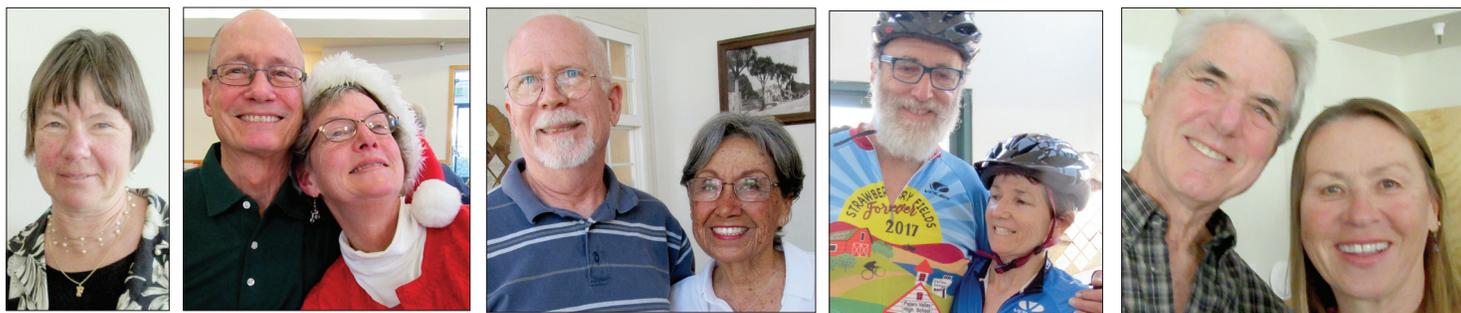
L to r: Julie and Frances Kuo, Marcus, Caroline and Natatee Mendes, Barb and John Meyer, Muriel Rose and Michael Hudick.



L to r: Mike Schell and Teri Reugg, Dan and Nancy Larson, Kathy Frank, Tom Mattinson and Kim Molyneux, Shahe Moutafain.



L to r: Larry and Naoko Narachi, Janet and Jim Starr, Scott and Peggy Seltz, Regina Falkner and David Reetz, Pete Pearson.



L to r: Vita Pritchard, Richard Bedal and Lilly Ann Popken, Ron and Ana Olson, Shalom Compost and Keresha Durham, Peter and Janis Stanger.



L to r: Gregory Manteuffel and Mamoura Slike, Rick Hyman, Kathy and Bob Ferraro, Susan Kent, Stephen and Susan Thorley, Fred Chamberlain.

Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

Another Bike Shop
2361 Mission Street
427-2232
Open daily-10AM-6PM

The Bicycle Trip
1001 Soquel Avenue
427-2580
Monday-Saturday-10AM-6PM
Sunday-10AM-5PM

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open daily but call first!

Dave's Custom Bikes
910-A Soquel Avenue
423-8923
Tuesday-Sunday-9AM-5PM

Family Cycling Center
912 41st Avenue
475-3883
Monday-Saturday-10AM-6PM
Sunday-10am-5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday-Saturday 10AM-6 P.M.
Sunday-Noon-5PM

Cycle Works
1420 Mission St.
316-7671
Monday-Friday 10AM-6PM
Saturday-Sunday 9AM-6PM

Bike Station
(New Location)
3555 Clares St., Capitola 95010
831-226-5050
Monday-Friday-11AM-6PM
Saturday-10AM-5PM
Sunday-Appointment only

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday-Thursday-10AM-6PM; Friday 10AM-7PM
Saturday-10AM-6PM; Sunday-Noon-5PM

Watsonville Cyclery
25 East 5th Street
724-1646
Monday-Saturday-11AM-6PM;
Sunday-Noon- 5PM

Epicenter Cycling
Aptos Station, 8035 Soquel Dr. Suite 23
662-8100
Monday-Friday-11AM-7PM; Weekend-8AM-4PM

AND...

1730 Mission Street, Santa Cruz
423-9000
Monday-Friday 10AM-7PM; Weekend 9AM-6PM

Current eBikes
131 Front Street, Suite D
831-621-2309
831-588-0936 (cell)
www.currentebikes.com

*The Roadrunner is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.*

831-234-4663 www.maverickmailing.com



JOIN AND RENEW ONLINE at www.santa cruz cycling.org/club

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, www.santacruzcycling.org provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

Member First Name	*Member Family Name	*Member Contact Email
*Member Contact Telephone	Member Ride Cell Phone	<input type="checkbox"/> New Member <input type="checkbox"/> Renewal Member <input type="checkbox"/> Include on Printed Roster <input type="checkbox"/> Add to SCCCC Email list
2nd Member First Name	2nd Member Family Name and Email	One Year Memberships <input type="checkbox"/> Individual \$25 <input type="checkbox"/> \$30 for RR Mail* <input type="checkbox"/> Family \$35 <input type="checkbox"/> \$40 for RR Mail* <input type="checkbox"/> Junior \$10 <input type="checkbox"/> \$15 for RR Mail*
2nd Member Contact Telephone	2nd Member Cell Phone	Three-Year Memberships <input type="checkbox"/> Individual \$60 <input type="checkbox"/> \$75 for RR Mail* <input type="checkbox"/> Family \$90 <input type="checkbox"/> \$105 for RR Mail*

*Street Address	*City	*State	*Zip	*Roadrunner Newsletter delivered by US Mail
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League of American Bicyclists (LAB)

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

_____	_____	_____	_____
Signature of Applicant	Date	Signature(s) of additional family members 18 years or older	Date

Please complete the following for any minor (18-year-old) family members:

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

_____	_____	_____
Printed Name of Parent or Guardian	Signature of Parent or Guardian	Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership. Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

January—February, 2018

Sunday	Monday 1 Club Ride	Tuesday 2 Club Ride	Wednesday 3	Thursday 4 Gizdich ride	Friday 5	Saturday 6 Club Ride
7	8 C ride	9 Club Ride Aptos	10	11 Gizdich ride 10 a.m. Corralitos	12	13 Club Ride
14 Go for a bike ride!	15 C ride	16 Club Ride GP	17	18 Gizdich ride 10 a.m. Corralitos	19	20 Club Ride
21	22 C ride	23 Club Ride Aptos	24	25 SCCCC 7 p.m. Simpkins	26	27 Club Ride
28	29 C ride	30 Club Ride Leader's choice	31	1 Gizdich ride 10 a.m. Corralitos	2	3 Club Ride
4	5 C ride	6 Club Ride GP	7 Be a bicycling ambassador	8 Gizdich ride 10 a.m. Corralitos	9	10 Club Ride
11 Go for a bike ride!	12 C ride	13 Club Ride Aptos	14	15 Gizdich ride 10 a.m. Corralitos	16	17 Club Ride
18	19 C ride	20 Club Ride GP	21 Clean your bike	22 Gizdich ride 10 a.m. Corralitos	23	24 Club Ride
25 Clean your bike!	26 C ride	27 Club Ride Aptos	28	Go Green	GP is Gateway Plaza	Aptos is Rancho del Mar



 Santa Cruz County Cycling Club Membership Card
 www.santacruzcountycycling.org (Valid only with member's mailing label.)



SCCCC
 PO Box 8342
 Santa Cruz, CA
 95061-8342