

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

Land Trust offers Q and A's on rail trail

(Editor's note: The following Q and A is from the Santa Cruz County Land Trust.)

What is the Rail Trail?

The Rail Trail is a 32-mile bike and pedestrian trail running alongside the railroad tracks from Davenport to Watsonville. The "Rail" in the Rail Trail refers to the corridor itself and does not refer to a passenger rail service that utilizes the rail line. The rail corridor is owned by the Regional Transportation Commission (RTC). The Master Plan for the Rail Trail was developed through a three-year public process and adopted by the RTC in 2013. The County of Santa Cruz and the cities of Santa Cruz, Watsonville, and Capitola have adopted the Rail Trail Master Plan.

Advantages of building the Rail Trail?

The trail is within one mile of 92 parks, 45 schools and half the county's population – and can transform how people get around the county. Currently 9% of trips in the City of Santa Cruz are by bicycle, compared to 20% in Davis, and 40% in some European cities. Studies have repeatedly shown that building safe bike paths dramatically increases bicycle use.

What is the Land Trust's role?

The Land Trust has been an advocate of building the trail "as fast as possible" since 2013. The Land Trust partnered early with RTC to provide local match for competitive grants that speed construction of the bike and pedestrian trail. This partnership was a natural outgrowth of our commitment to increasing access to nature, especially to Land Trust properties near the trail (Antonelli Pond, Watsonville Slough Farm, and San Vicente Redwoods). So far, the Land Trust has committed \$5.9 million in funds to match grants to build the trail in Watsonville, along the North Coast, from Wilder Ranch State Park to Davenport and the segment from the San Lorenzo River to 17th Avenue.

When will the Rail Trail be built?

The first segment of the bike and pedestrian trail, in Santa Cruz, will be open in 2018, followed by the other segments listed above. Segments are being built as funding becomes available. Already \$25 million in funds have been allocated to



engineer and/or construct 13 miles of the 32-mile trail. Measure D provides another \$85 million for the trail – which means most of the funding is in place for the Rail Trail. RTC estimates almost all of the trail could be completed within ten years.

What is the timeline for rail trail decision?

No decisions have been made on rail service or on what type of rail service would make sense for our county. RTC has initiated a two-year public process to look at Highway 1, Soquel Drive and the rail corridor to evaluate options and develop plans to address the transportation problems of the county. It's called the Unified Corridor Study (UCS). Thus a decision on passenger rail service is not expected until the Unified Corridor Study is completed and, if RTC decides to pursue rail service, it would take a decade or more to develop.

Would it be faster to build just the trail, without preserving the rail option?

Actually, the RTC staff projects it would take longer. That is because the current Rail Trail plan has already been approved by all levels of government, has approved environmental documents, and work on 13 miles of the trail is underway. These approvals mean the Rail Trail can be built as soon as funding is available. To start over means undoing and redoing years of work and getting various government agency approvals related to the rail use of the corridor – a 13-step process that RTC calculates would take at least eight years. That 8-year process would begin at least two years from now when the Unified Corridor Study is complete. In other words, the county could have almost all of the *(continue on page 3)*



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Pizza 'n Pies ride is August 26

The Forty Thieves Picnic Area of the Delaveaga Park (850 Branciforte Drive) will be the setting for the SCCCC yearly Pizza and Pie Ride starting at 9 a.m. on Saturday, August 26th. Pies will be from Gizdich Ranch, pizza from somewhere else. More details forthcoming from Social Chairpersons Petronella van Dam and Debby Joyce.

New Wednesday evening rides

SCCCC member Kathy Smyth has been offering Wednesday evening rides for club members, and she welcomes anyone with a good idea for a ride!. Ride start alternates between Natural Bridges and the Bicycle Trip on Soquel. Meet at 5:45 p.m. for a 6 p.m. start. Moderately paced, after work road ride of 13–20 miles with about 1,000' of elevation gain. According to Kathy, she is looking for "good but safe routes for this time of day and a ride lasting 90 minutes which people may do after work. If you have a new route and want to lead a Wednesday ride, contact Kathy at kathysmyth555@gmail.com.

THURSDAY, OCT. 25TH

SCCCC MEETING

7 P.M. SIMPKINS SWIM CENTER

979 17TH AVENUE

Show, Tell riders visit election headquarters

The Show and Tell Lite Ride on June 6th had us visiting the Las Animas Concrete facility, Evergreen Cemetery, Election Department's Operation facility and Depot Hill, where artist Jerry Clark lives.

At Las Animas Concrete we learned how their computerized system is able to produce up to 1,956 yards in a single day—the amount needed when they poured the foundation for the Rittenhouse Building in downtown Santa Cruz. That is the largest pour in Santa Cruz history. Customers have over 200 different mixes to choose from, and they can select the color of the concrete from multiple choices. What mix of concrete that is used depends on its purpose, such as for a foundation, a wall, a road, etc. What happens to unused concrete you ask? It is unloaded at their site, broken up, and then given away for fill at construction sites. They use recycled water and have strict controls to eliminate dust emanating from the equipment. The company was originally located in Gilroy, on the Las Animas Rancho, hence the name. When they moved to Santa Cruz in 1964, they kept the name.

At the Evergreen Cemetery, near Harvey West Park, Marilyn gave us a brief history of the Chinese immigrants who were buried there. Evergreen is a Gold Rush era cemetery established in 1850. The Chinese graves were mostly unmarked and at one

time it was the intent to repatriate the remains to their country of origin. That never happened, and it was believed the spirits were in a state of unrest. To help settle the spirits and honor Santa Cruz's early Chinese immigrants—fisherman, railroad workers, servants and farm laborers—a 17-foot Chinese memorial gate was recently installed.

From the MAH website: "The gate was privately funded by former Chinatown resident George Ow Jr. 'In Chinese folklore, if something is not settled during a lifetime, you have hungry ghosts, like angry spirits,' said Ow. 'By acknowledging these spirits, we're kind of like feeding them.'" (Coincidentally, it was Las Animas Concrete that donated the concrete for the gate.)

At the Elections Department we learned how the department is able to prepare, test and distribute all of the equipment and supplies to each of the polling places. They hire over 15 temporary employees for about three months to accomplish this part of elections. Anyone want a temporary job with long hours?

On Depot Hill we had beautiful views of Capitola and the bay. We stopped briefly at the home of Jerry Clark who makes, amongst other things, ceramic starfish. Anyone in the know in Santa Cruz has at least one attached to their home by the front door.

—Richard Bedal



THE ROADRUNNER is the official newsletter of **THE SANTA CRUZ COUNTY CYCLING CLUB**. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or **www.santacruzcycling.org**

THE SANTA CRUZ COUNTY CYCLING CLUB is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club's mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club's educational activities.

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Lite riders at the Election Department are, l to r: Marilyn Marzell, Richard Bedal (ride leader), Janet Starr, Janet Rose, Norm Boehner, Debby Joyce, Harriet Brown (behind Debby), Judy Marsalis (next to Harriet), Stella Sexmith, Jack Johnson and Joyce Rollins. The group also visited a concrete manufacturing plant, Evergreen Cemetery and the Depot Hill home of local artist Jerry Clark of ceramic starfish fame.

The Santa Cruz Mountains Challenge, our club's marquee fundraising event, allows us to award \$500 grants to local bicycle programs. Recently, the board approved a grant to The Bike Church, a bike repair cooperative located on South Pacific Avenue. At the next club meeting in October we will have current and former grant recipients speak about their programs. (For a list of programs we've supported, look under Community at www.santa-cruzcycl.org.)

Every year about 125 club members come together to make the SCMC happen. So far for 2017 we have 85% of the volunteers we need. A few areas still in need of help are: merchandise sales, route marking, Greyhound Rest

Stop, parking and safety. (We also need a Captain-in-training for route marking.)

If you haven't stepped up to help with the July 29th event, please contact me (president@scmc.org) and we'll get you in on the fun! We provide volunteers with t-shirts, a workers' ride with lunch on July 22, and a post-event BBQ. Working the event provides a great chance to become better acquainted with fellow volunteers. Oh, and it's fun to support those hundreds of amazingly strong bicyclists that come out to conquer the challenging climbs!

For merchandise, we offer SCMC



socks, jerseys, buffs and t-shirts for sale. All items are available at www.santa-cruzmountainschallenge.com.

Thank you to Chris Bowman, who has volunteered to replace Peter Jones as Saturday rides director. A big thank you to Peter for his past service and confident leadership. Let's Ride Bikes!

—Catherine vanRhee

SCMC president

Jack Dilles walks the walk, bikes Scotts Valley

SCMC member Jack Dilles, 65, knows how to walk the walk! Before he was elected as one of five city council members for the City of Scotts Valley last fall, Dilles walked his entire city's streets and neighborhoods, meeting voters and dropping off campaign literature. After all votes were counted, he won the election!

While public office is not new to Dilles (he is a former member of the Santa Cruz County Board of Education), he knows, as the newest council member, he is smart to tread lightly around his more experienced colleagues. "I'm happy I'm there," he says. "I want to establish good working relationships. Hopefully I can be part of making a bright future for the city."

Part of that bright future includes new bicycle infrastructure for the city. A safer interchange is in the works at the busy intersection of Scotts Valley Drive and Mt. Hermon Road, thanks to a combination of grants. Construction of solid green bike boxes and green lanes will begin soon. They will give more visibility to bicyclists wanting to turn left. The traffic signal lights will be timed to the bicyclists entering the bike box, which will allow bikers to remain in front of cars when starting their left turn.

Another project passed by city council will provide green lanes on Mt. Hermon



Road on both sides of the Lockhart Gulch Road traffic signal. (This means bicyclists traveling on Mt. Hermon Road to Felton will travel in green lanes both before and after this side street.)

Repaving Green Hills Road and parts of Glen Canyon Road, and adding bike/ped lanes on this popular bike route adjacent to Highway 17, is another bike project that has been approved by the city, with work to begin soon. And, lower Glenwood Drive from beyond the high school to the traffic light at Scotts Valley Drive will receive a wider bike lane on the same side of the street as the middle school's bike path. Dilles also wants a protected bike lane on the busy Scotts Valley Drive, but to date that project is looking for funding.

As a former financial director for the City of Santa Cruz, Dilles looks forward to four years of financial stability for Scotts Valley, a city he has lived in for 23 years. As a bicyclist, he hopes to create a safer environment for both bicyclists and pedestrians.

—Glide A. Long

Land Trust answers popular questions on county's rail trail

(CONTINUE FROM PAGE 1)

Rail Trail built in the next ten years – or, by starting over on a trail only approach, construction could be delayed a decade.

What is the Land Trust's position on rail service?

The Land Trust's mission is to protect, care for, and **connect** people to the lands that make this area special. The Land Trust takes no position on potential rail service and does not make transportation decisions, but the Land Trust supports the Rail Trail Master Plan adopted by RTC, the County of Santa Cruz, and the cities of Santa Cruz, Capitola, and Watsonville. This plan preserves the **option of rail service** as RTC evaluates viable solutions to the county's transportation challenges.

Will the trail have to be narrow because of leaving the tracks in place?

The Rail Trail will be at least 12 feet wide (and 16 feet in many places), which is the width of a lane of freeway. RTC has studied the right-of-way maps and has identified just a third of a mile (1% of the 32-mile trail) that falls below the absolute minimum they need for both trail and rail. And they've identified solutions to solve the problems in those few areas.

What will happen to the Rail Trail funds the Land Trust has raised if the plan is changed to a trail only plan?

The Land Trust has raised funds to build the Rail Trail as approved by the RTC – and those funds cannot be spent on another project without the consent of the donors of those funds.

Remembering the wonderful Janet Fogel (1944–2017)

Most club members already know what a dynamic force Janet Fogel was for SCCCC (president, SCMC director, Cycling for Starters instructor) so here are some of the lesser-known facts about Janet.

Her first long-distance bike ride took place in 1957 when she and a girlfriend decided they wanted to go to the Santa Cruz Boardwalk. (The fact that they both had heavy three-speed cruiser bikes and lived in San Jose did not deter them!) They had a wonderful time, and all went well, except that they did not get home until after dark, and they failed to mention their plan to their parents!

When Janet was a junior at San Jose State, she went to the placement office looking for a summer job. On that same day, a woman was interviewing applicants to be counselors at a Girl Scout Camp on Lake Kirkwood in the Sierras. With that winning smile and magnetic personality, Janet got the job. The only problem was that she had never been a Girl Scout, never camped out and did not have outdoor skills. So she bought a Girl Scout Handbook and read it cover-to-cover!

On a bike trip in Arizona, Janet bent over to help Betsy Schwartz change a flat and managed to plant her bottom right into a cactus! She would probably prefer I didn't go into more detail about



Janet Fogel



Janet's last ride in November with some of her best buddies, l to r: Marilyn Marzell, Betsy Schwartz, JoAnn Smith, Lilly Ann Popken and Janet.

that story, but I will tell you that she called me "Dr. Popken" for the rest of that trip!

—Lilly Ann Popken

SCCCC REFLECTIONS

I am taken back way back, a bit shocked. This was a great lady. Powerful, beautiful and caring. If I may offer a prayer. My Dear Janet, May you embrace all the love you have ever know and carry that with you into the greater yet to be. Blessing of grace and peace to your family and loved ones.

—Chad Williams

I will miss that warm, beautiful smile of Janet. May she rest in peace.

—Leonard Foreman

I was introduced to Janet through "Cycling for Starters" last spring. Her enthusiasm for the club and cycling inspired me and I am grateful. Vaya con Dios. —Joe Kelly

I am so saddened to hear of her passing. Janet always had a twinkle in her eye and a great smile whenever I saw her. I enjoyed helping out on the Cycling for Starters and she also introduced me to the Ohana ride as a volunteer. How could you ever say no to Janet! She will be so missed.

—Pete Pearson

A bright star has moved to another galaxy, but as starlight lingers, so will Janet's brightness lighten all our hearts and memories. Janet, you showed us all how to live with joy, grace and dignity, and you gave us all an opportunity to know and polish the gift of friendship. Vaya Bien. And sending loving kindness to Lawrence in this time of loss.

—Harriet Wrye

Janet was a wonderful role model for graciousness and a kind spirit.

—Grace Voss



Janet and Lilly Ann Popken were SCCCC's members of the year in 2016.



Janet, far right, and her Cycling for Starters class at one of their meetings in Arana Gulch in February, 2016.

California Climate Riders tour Central Coast, raise \$.5M



Climate riders, l to r: Alex Yazbek, Margaret Wilson, Adrian Nunez, Grace Voss, Leonardo Cruz, Emma Ussat, Connie Wilson, Gloria Hum, Tawn Kennedy, Meredith Geier, Greg McPheeters, Ryland Baker, Amelia Conlen, Peter Whitford and the camera-shy Steve Lustgarden. The 15 participants raised \$50,000 for Bike Santa Cruz County.

In the same month that US Dept. of Energy Secretary Rick Perry announced the closing of a DC office aimed at helping other countries develop clean energy, 145 bike riders left San Francisco to promote climate awareness. Having raised \$538,000 for their individual climate organizations, the riders pedaled 320 miles in five days, arriving June 13 in San Luis Obispo.

Along the way, the cyclists received visits from two mayors, Oscar Rios of Watsonville and Heidi Harmon of San Luis Obispo, who applauded them on their efforts. Rios, accompanied by Watsonville City Council member Felipe Hernandez, presented The Climate Ride with an official proclamation at a ceremony at the KOA Campground on San Andreas Road. Harmon assured the group that SLO was “enhancing community resilience through energy efficiency and sustainability.”

Santa Cruz was represented by 15 local bicyclists, who pledged their fundraising efforts to Bike Santa Cruz County, a local advocacy group that lobbies for protected and green bike lanes, sponsors open streets

events and assists with bicycle education for elementary school students.

The riders were the big winners! Trip highlights included drop dead gorgeous scenery—sparkling coastal views on a clear day from San Francisco to Santa Cruz, followed by the splendor of the 17-Mile Drive. Cool tailwinds gently encouraged the riders up the long, 20-mile climb out of the Carmel Valley, increasing to 20+ mph as riders approached King City at the end of the third day. (Even a short sprint of 2.5 miles in a wide bike land on Highway 101 was quick and easy thanks to tailwinds!)

En route stops on the third day were both educational and posh—lunch was at MEarth, an environmental school on Carmel Valley Road, and a late afternoon water stop featuring a tempting swimming pool, took place at the luxurious Mesa Del Sol Rancho on Arroyo Seco Road near Greenfield.

From King City to Paso Robles, the tall brown grasslands, highlighted by gnarly scrub oak trees, continued to offer stark beauty, while bountiful vineyards increased

mile by mile. Long ups and downs preceded vineyards, however, as the ride traveled past US Army Fort Hunter Liggett, followed by long climbs to an overview of Lake Nacimiento. After a few more ups and a thrilling downhill, the dry grasslands turned into shady Vineyard Drive, aka Westside Wine Trail. A water stop offered riders a chance to buy olive oil at the luxurious Pasolivo Olive Oil, and then it was time for a final eight-mile charge to camp at the Dancing Deer Farm in Paso Robles.

The Climate Ride’s final day featured, what else, more climbing, followed by a refreshing downhill to the lovely coastal town of Morro Bay, where riders mounted tree stumps by the ocean to hoist their bikes overhead with last-gasp energy. A short 11 miles later the Climate Ride ended with a picnic lunch near the Madonna Inn at Laguna Park in San Luis Obispo. Total elevation climbed: 22,000 feet; Friendships made: many; Climate benefit: extreme.

The 2018 Climate Ride is May 20–24 on the North Coast, ending in San Francisco. You should do it!

—Grace Voss

Judy and Lilly Ann decide to rent electric bikes for Jack’s 75th birthday ride

Thanks to Jack Johnson’s decision to commemorate his 75th birthday with a 75-mile bike ride on April 30, Judy Marsalis and I had a grand time playing with electric bikes! For the big ride, we rented our E bikes at Currents and found the staff to be both helpful and accommodating. According to the manufacturer, our E bikes had a range of 40 to 60 miles but the staff made it clear that we were the first people who cared about that fact! So, they were

excited to see if the advertising was true. Having had one “less than stellar” previous experience on a rental E Bike that only lasted half of the expected time, I admonished Judy not to touch the throttle at all.

These E bikes had five levels of assist. We soon discovered that the first level did not quite make up for the weight of the bikes, but we learned that the second level gave us enough boost to power by the much better cyclists who

had to slow down as they ascended the hills. Of course I yelled out “On your left!” as I went by every one of them, time and time again. What fun!

The lessons Judy and I learned: 1) the rider does, in fact, have to do some work. (If you stop peddling, the bike stops assisting;) 2) Rental E bikes are very heavy, but there are E bikes for sale that are much lighter (and more expensive); 3) There may be E bikes in our future!

—Lilly Ann Popken

Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. B Rides are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; A Rides are for experienced riders looking for a challenge. These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

Tuesday ride: Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available. On the 2nd and 4th Tuesdays, meet at parking lot by the entrance to Nisene Marks Park, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: Ralph Edwards at rhedwardsiii@gmail.com. "Lite" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride. New C/D rides on Mondays and Thursdays on club calendar at www.santacruzcycl.org.

Saturday, July 1 A/B Ride
Monterey Hills; start at 9 a.m. at Pezzini Market;
Ric Eiserling.....831-475-5397

Saturday, July 1 C Ride
Royal Oaks via Beach, Lewis, 129, Carlton
10 a.m. start at West Marine. 30.8 mi/ 875'
Bill McBride.....831 239-6081

Saturday, July 8 A/B Ride
Empire Grade Loop
Meet at 9 a.m. at Kelly's Bakery on Ingalls St.; A=62 mi/7400';
B=44 mi/4400'
Richard Burton.....408-540-4695

Saturday, July 8 C Ride
Scotts Valley Highlights
10 a.m. start at Gateway Plaza; 29.8 mi/2256'
Joe Kelly.....831 234-1977

Saturday, July 15 A Ride
Gazos Creek and Alpine Road
9 a.m. start at 9 a.m. at Gazos Creek State Park; A=61 mi/5,000'
Catherine vanRhee and Steve Williams.....408-219-8626

Saturday, July 15 B Ride
Gazos Creek Loop
9 a.m. start at Gazos Creek State Park; B=42mi/2,690'
Paul McDonald..... 831-419-7388

Saturday, July 15 C Ride
Hazel Dell, Freedom Meat Locker
10 a.m. start at Ann Soldo School. 30mi/1,131'
David and Jeanni Kadotani.....831 588-3561

Saturday, July 22 Special Ride
SCMC Workers Ride
9 a.m. start from Gateway Plaza; Workers Plus Ride = 50
mi/3700'; Workers Regular Ride (Swanton Loop)=43 mi/2300';
Tom Pennello.....831-818-6186
Saturday, July 22nd C/D Ride
10 a.m. start from Gateway Plaza; 30 mi/1,538'
Skippy Givens.....332-2977

Saturday, July 29
Santa Cruz Mountains Challenge
6 a.m., UCSC Baskin School of Engineering
Club members volunteer for club's main fundraising event.
Skippy Givens.....332-2977

Saturday, August 5 A/B Ride
Eureka Canyon; 9 a.m. start from CCC;
Kathy Frank and Tom Mattinson.....831-566-8247

Saturday, August 5 C Ride
Fort Ord Frolic
10 a.m. start from Pezzini's; 32.3 mi 1,331'
JT Hart.....831 234-7726

Saturday, August 12 A/B Ride
Gizdich Ranch via Hazel Dell
9 a.m. start from KFC/Aptos; A=60mi/4,500'; B=55mi/3,200';
Chris Boman.....475-5902

Saturday, August 12 C Ride
Seascape, San Andreas, Larkin Valley
10 a.m. Start at Seascape Village. 26.7 mi/973'
Bill McBride831 239-6081

Saturday, August 19 A/B Ride
Pebble Beach
Start at 10 a.m. at Pezzini's Produce Stand located at
(Nashua Rd/Hgwy 1); A/B= 49 mi/2309;
Skippy Givens.... 332-2977

California climate riders on last day's celebration at Morro Bay



By the end of The California Climate Ride, 145 riders had traveled 320 miles from San Francisco to San Luis Obispo and raised more than half a million dollars for climate organizations. Photos: Riders, including Grace Voss, (right) reach Morro Bay Rock.

Saturday, August 19 **C Ride**

Sand City/Pebble Beach/17 Mile Drive

10 a.m. start at Starbucks by Target, Sand City. 34 mi/1,310'

Jack Johnson.....831 359-2501

Saturday, August 26 **A/B/C Rides**

Pizza and Pie Ride

9 a.m. start from the 40 Thieves Picnic Area of Delaveaga Park (850 Branciforte Drive); C ride= 21.2 mi/1204'

JT Hart831 234-7726

(A/B ride details/leader TBA)

Saturday, September 2 **A/B Rides**

Gazos Creek, San Gregorio, Alpine

Meet at Gatos Creek / Highway 1 for 9 a.m.; A=60 mi/6000'; B=42 mi/3500'

John Marshall.....419-8719

Saturday, September 2 **C Ride**

Hazel Dell, Gizdich Ranch

10 a.m. start at Ann Soldo School. 30 mi/1,151'

Petronella van Dam.....831 454-6010

Vision Zero forum coming June 29

Leah Shaum of San Francisco will be the keynote speaker at a Vision Zero meeting from 4 to 6 p.m. Thursday, June 29 at Simpkins Swim Center. The event is free to the public.

Vision Zero is a world-wide strategy to end all traffic deaths and serious injuries, making safety the number one priority. City councils and county boards of supervisors may become Vision Zero communities by making a public commitment to preventing all roadway deaths and injuries. In New York City traffic deaths were reduced by 15% in three years following the launch of a Vision Zero initiative.

In Santa Cruz County, crashes are caused by unsafe speed (33%), improper turning and right of way violations (30%) and drugs/alcohol (11%).

New green lanes around town

Santa Cruz city officials will cut the ribbon on a new Contraflow Bike Lane at 12:30 p.m. on June 27 at Assembly Restaurant, on Pacific Avenue in downtown Santa Cruz. The green lane is between Church and Cathcart streets. Bicyclists riding south will have the green bike lane, while northbound cyclists and traffic will share the regular lane, with sharrows designating that bikes may use the lane.

The project also includes new stop signs and new bike lanes on Pacific Avenue between Cathcart and Laurel streets. Cost of the project is \$85,000. (The other contraflow bike lane in Santa Cruz is on High Street, where cyclists can ride against traffic between Storey and Highland. This lane is protected by bollards and parked cars.)

Also new to Santa Cruz are green bike lane treatments on the busier sections of Broadway (from Ocean Street to Seabright Avenue) and new bike lanes with green lane treatments on Seabright from Soquel Avenue to Gault. New sharrow markings are being installed throughout the city, and a green bike box will be painted on the south side of the intersection of Seabright and Soquel to give bicyclists a safer left turn onto Soquel.

On the west edge, the City has applied for grant funding for an off-road multi-use path, which would be built on the west side of Swanton Blvd. If funds are received, the project will include a two-way cycletrack on Natural Bridges Drive between Delaware and Mission Street Extension. Both additions will help connect West Cliff Drive to Pacific Collegiate School, as well as West Cliff and the Wilder Ranch bike path.

It will be easier for visitors to use the bike lanes thanks to a Bike Share Program which is coming to Santa Cruz. Social Bicycles of New York City is the vendor, offering 250 bikes at 20 different stations within the city. 50 of the bikes will be electric bikes. Bike Share programs have been used successfully in major cities like Washington DC, New York City and Portland, OR.

Bike lockers will be replaced over the next three years, with the lockers in Pearl Alley and the River/Front parking garage up first.

Shimanami Kaido is world's most organized bike route

The April morning dawned cloudy at the busy little port of Onomichi on the Seto Inland Sea in Western Japan. The narrow channel separating Honshu from the small island of Mukaishima was bustling with boats, and a colorful ferry was already shuttling people and vehicles across the water. This is the start of the Shimanami Kaido, one of the world's most organized bicycle tour routes.

The route was completed in the 1990's as part of a highway public works project linking Honshu Island with Shikoku Island, eight bridges and seven small islands. The bridges were built with protected bike and pedways, some suspended under the roadway, others parallel to the road. Once on the islands, alternate road routes are available, with the main route striped blue and fitted with distance markers.

I picked up a nice rental bike in a hip mixed-use, converted industrial building on the Onomichi waterfront. Giant operates a full bike shop on either end of the Shimanami Kaido, with a range of models including carbon frames. The distance from Onomichi to Imaburi, Shikoku is only 75 kilometers, if one takes the most direct route. But the



beauty of the experience, like most traveling, is soaking up the landscapes, villages and encounters with island locals. (Steve in photo at left is in front of the Tatara

Bridge.) Tourism is well established along this course, and detailed maps indicating points of historical and cultural interest, as well as bicycle-friendly businesses, are available. The route has many rest areas and scenic vista points, but the scenery is so gorgeous that one may stop and explore anywhere.

The geology in this part of Japan is ancient granitic formation, resulting in clear ocean water. Terrain is steep, so most islands have a flat road around the perimeter, with the occasional harbor and beach. Most of the climbing involves visiting hilltop shrines, or bridge approaches. Although the inland sea is devoid of surf, low tides reveal small boats stranded in mud in the harbor towns. Small hamlets and important ancient shrines and villages make

up the seven islands. They are great places to grab a meal or snack, while also offering overnight stays in a traditional Ryokan Japanese-style inn. These islands are known for citriculture, and the farms are small and meticulously tended. Some islands are experiencing an influx of legacy art and architecture museums.

I stretched my ride into a two-day trip, spending the night in the historic port village of Omishima. The famous Oymazumi Shinto Shrine is located on its outskirts, and a fantastic onsen (traditional Japanese public bath) is conveniently located on the waterfront. Historically, the devout would travel the Seto Inland Sea by boat to visit this shrine. Today, the modern highway and its bridge system have bypassed the town and relegated it to a backwater, increasing its quiet, romantic allure.

After crossing the 6.4K Kurushima-Kykyo Bridge (as large as the Golden Gate Bridge), the trail descends into the bustling city of Imaburi on Shikoku. The Giant shop there is conveniently located next to the train station, offering showers and souvenir jerseys. Although I had been intimidated by the idea of cycling solo in Japan, the Shimanami Kaido and its features made the cycling solo both easy and adventurous. I am looking forward to returning to spend more time on the magical islands of Japan's Seto Inland Sea.

—Stephen Svete

Watsonville earns bronze Bicycle Friendly City award

The City of Watsonville has joined a list of 416 Bicycle Friendly Cities across the US by earning a bronze award for its bicycle-related efforts at education, enforcement, encouragement, engineering and evaluation/planning, otherwise known as the "5 E's."

Watsonville was commended for its 1.2 mile segment of the Monterey Bay Sanctuary Scenic Trail (aka rail trail), to be built in 2018, its bicycle safety and training programs at city schools, the Bike to Work and Open Streets encouragement activities and numerous grants secured by city staff to develop or enhance bicycle facilities, including the recent \$275,000 Caltrans Sustainable Transportation Planning Grant for the downtown area.

Watsonville bicycle efforts also receive considerable support from its mayor, Oscar

Rios, and city council members.

Future bike-related plans include a bike/ped bridge between Highway 1 and Harkins Slough Road (2020 completion date) and a future Pajaro Valley High School Connector Trail.



Bicycle Friendly advocates are, l to r: Theresa Rogerson of Santa Cruz County Health Services, Amelia Conlen of City of Santa Cruz, Janneke Strause of Bike Santa Cruz County, Oscar Rios, mayor of Watsonville and Natalie Oliver from United Way, who coordinates the Jovenes SANOS youth group.

The Bicycle Trip's annual Bikefest offers jumps/prizes/fun



Left to right: Jeff Brody and Skippy Givens ham it up at Bikefest; jumper extraordinaire; wonderful mechanic Nate and co-owner Aaron of Bike Trip, Francis Kuo spins the wheel.

Bike Trip on Soquel went all out for its annual Bikefest on May 6. A BBQ stand supplemented the many kiosks, raffles and a mountain bike jump show. Farraday Electric Bikes were available for tryouts and the grand prize was a \$9,000 mountain bike. SCCCC member Peggy Seltz won a ladies' cruiser bike and Ron Olson won a Brooks saddle. Other folks won handlebar baskets, and everyone went home with a water bottle, cap or Continental light pack.

SCCCC's table was manned by President Catherine vanRhee and Mountains Challenge Event Director

More funding for Ecology Action, health services

Bicycle and pedestrian programs for county elementary and middle school students have been so successful that they are receiving more funding from the Regional Transportation Commission, which approved \$60,000 to Ecology Action for its twice-a-year Bike to Work Program. Santa Cruz County Health Services Agency has received \$130,000 for its Community

Skippy Givens. About 100 people were present between 11 a.m. and 1:30 p.m., with many showing interest in SCCCC's Cycling for Starters class and SCMC.

BIKE TO WORK DAY BREAKFASTS

Five days later I attended three of the 13 Bike to Work/School public breakfast events in rapid order: the Picnic Basket on Beach Street, Verve Coffee on Pacific Avenue and The Buttery. Both Bike Santa Cruz County and Ecology Action had tables at all three venues, handing out membership forms and info on the status of current

Traffic Safety Coalition (CTSC) and its Ride 'n Stride bicycle and pedestrian education program for elementary and middle school students. The allocations reflect growth in participation for these efforts.

bike transportation issues. The Regional Transportation Commission (RTC) was also part of this effort. Jamba Juice slushies and Companion Bakery treats were available on Pacific Avenue. Core Fitness gave chair massages and discount coupons. Current E Bikes had test drives available and Spokesman offered bike tune ups! By spinning the wheel at Nordic Naturals, I won a box



of 12 chocolates. Patagonia also had a raffle table and store discount coupons. And SCCCC member Jim Denton was present at the downtown

locations also (photo at left).

I arrived at Buttery in time for clean up and to speak with its mechanic Nate, whose hands looked like he had already adjusted a few derailleurs.

Besides the adult venues, 45 elementary and middle schools offered breakfast treats to kids either riding bikes or walking to school.

Overall more than 6,000 bicyclists took part in Bike to Work Day, a turnout slightly below last year's.

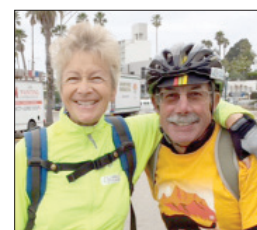
—Pete Pearson

Thank you to SCCCC ride leaders

Skippy Givens (3), Bruce Dau, Ric Eiserling (2), Grace Voss, Michael Harrison, Lisa Beaudreau, David/Jeanne Kadotani (2), Paula Bradley, Petronella van Dam, Isabelle Magnin, Debby Joyce, Joe Kelly, Bill McBride, Chris Zemny (16), David Lawrence, Lilly Ann Popken, Judy Marsalis, Richard Bedal, Marilyn Marzell, Jack Johnson and Debby Joyce



Recently seen bike touring in Missouri (heading to St. Louis), are, l to r: Lilly Ann Popken, Margo Hober, Betsy Schwartz and Cliff Barrett.



Dave Dominguez, a regular free breakfast participant on Bike to Work Day, with friend in front of The Picnic Basket across from The Boardwalk.

Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

Another Bike Shop
2361 Mission Street
427-2232
Open daily–10AM–6PM

The Bicycle Trip
1001 Soquel Avenue
427-2580
Monday–Saturday–10AM–6PM
Sunday–10AM–5PM

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open daily but call first!

Dave's Custom Bikes
910–A Soquel Avenue
423-8923
Tuesday–Sunday–9AM–5PM

Family Cycling Center
912 41st Avenue
475-3883
Monday–Saturday–10AM–6PM
Sunday–10am–5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday–Saturday 10AM–6 P.M.
Sunday–Noon–5PM

Cycle Works
1420 Mission St.
316-7671
Monday–Friday 10AM–6PM
Saturday–Sunday 9AM–6PM

Bike Station
(New Location)
3555 Clares St., Capitola 95010
831-226-5050
Monday–Friday–11AM–6PM
Saturday–10AM–5PM
Sunday–Appointment only

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday–Thursday–10AM–6PM; Friday 10AM–7PM
Saturday–10AM–6PM; Sunday–Noon–5PM

Watsonville Cyclery
25 East 5th Street
724-1646
Monday–Saturday–11AM–6PM;
Sunday–Noon–5PM

Epicenter Cycling
Aptos Station, 8035 Soquel Dr. Suite 23
662-8100
Monday–Friday–11AM–7PM; Weekend–8AM–4PM

AND...

1730 Mission Street, Santa Cruz
423-9000
Monday–Friday 10AM–7PM; Weekend 9AM–6PM

Current eBikes
131 Front Street, Suite D
831-621-2309
831-588-0936 (cell)
www.currentebikes.com

*The Roadrunner is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.*

831-234-4663 www.maverickmailing.com



JOIN AND RENEW ONLINE at www.santa cruz cycling.org/club

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, www.santacruz cycling.org provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

| | | |
|------------------------------|----------------------------------|---|
| Member First Name | *Member Family Name | *Member Contact Email |
| *Member Contact Telephone | Member Ride Cell Phone | ___New Member ___Renewal Member ___Include on Printed Roster ___Add to SCCCC Email list |
| 2nd Member First Name | 2nd Member Family Name and Email | One Year Memberships ___Individual \$25 ___\$30 for RR Mail* ___Family \$35 ___\$40 for RR Mail* ___Junior \$10 ___\$15 for RR Mail* |
| 2nd Member Contact Telephone | 2nd Member Cell Phone | Three-Year Memberships ___Individual \$60 ___\$75 for RR Mail* ___Family \$90 ___\$105 for RR Mail* |

*Street Address

*City

*State

*Zip

*Roadrunner Newsletter delivered by US Mail

League of American Bicyclists (LAB)

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Signature of Applicant

Date

Signature(s) of additional family members 18 years or older

Date

Please complete the following for any minor (18-year-old) family members:

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

July—August, 2017

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------|------------------------------|---------------------|--------------------------------|-------------------------------------|----------------------------|------------------------------------|
| | | | | | | 1 Club Ride |
| 2 | 3 | 4 Club Ride GP | 5 | 6 6 p.m. SCMC 7 p.m. SCCCC board | 7 Cycling for Starters | 8 Club Ride |
| 9 Go for a bike ride! | 10 | 11 Club Ride KFC | 12 | 13 | 14 Cycling for Starters | 15 Club Ride |
| 16 | 17 | 18 Club Ride GP | 19 | 20 | 21 Cycling for Starters | 22 Workers Ride |
| 23 | 24 | 25 Club Ride KFC | 26 | 27 Go for a bike ride! | 28 Cycling for Starters | 29 SCMC |
| 30 | 31 Ride Safely! | 1 Club Ride GP | 2 Be a bicycling ambassador | 3 | 4 | 5 Club Ride |
| 6 Go for a bike ride! | 7 Sign up to lead a ride! | 8 Club Ride KFC | 9 | 10 | 11 | 12 Club Ride |
| 13 | 14 | 15 Club Ride GP | 16 Clean your bike | 17 Sign up to lead a ride! | 18 | 19 Club Ride |
| 20 Clean your bike! | 21 | 22 Club Ride KFC | 23 | 24 Bike Box | 25 | 26 |
| 27 | 28 | 29 Leader choice | 30 | | GP is Gateway Plaza | KFC is at Rancho del Mar /Aptos |

Santa Cruz County Cycling Club Membership Card
www.santacruzcountycycling.org (Valid only with member's mailing label.)



SCCCC
PO Box 8342
Santa Cruz, CA
95061-8342